

Secrets We Keep

COPPERKNOB
BY STEPHEN METZ

拍數: 40 牆數: 2 級數: Intermediate NC
編舞者: Shane McKeever (N.IRE), Guillaume Richard (FR) & Niels Poulsen (DK) -
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音樂: The Secrets That We Keep - Sara Evans : (iTunes Etc)



Intro: Start after 16 counts. Start with weight on L

Restart: On Wall 5 (starts at 12:00), after 8 counts, facing 12:00 again

Tag: On walls 1 and 3, after 40 counts, each time facing 6:00: Step back R sweeping L to L side (1), step back L sweeping R to R side (2)

[1 – 8] R back rock, ¼ L side, cross touch behind, unwind ½ L into L lunge, ¼ sweep, cross side back rock, ½ R back L

1 – 2& Rock back on R (1), recover on L (2), turn ¼ L stepping R to R side (&) 9:00
3 – 5 Touch L behind R (3), unwind into ½ L on R foot lunging L to L side (4), recover onto R
turning ¼ R and sweeping L fwd (5) ... 6:00

Styling: On count 4 and only during the chorus touch your chest/heart with R hand when Sara Evans sings 'The way you touch me' ...

6& Cross L over R (6), step R to to side (&) 6:00
7 – 8& Rock straight back on L (7), recover onto R (8), turn ½ R on R stepping L back (&)... *restart
on wall 5 12:00

[9 – 17] Back R sweep, behind side, cross rock, side cross, L basic, ¼ L, 2 full turns L, sweep

1 Step R back sweeping L to L side (1) 12:00
2&3& Cross L behind R (2), step R to R side (&), cross rock L over R (3), recover back on R (&)
12:00
4& Step L to L side (4), cross R over L (&) 12:00
5 – 6& Step L a big step to L side (5), close R behind L (6), cross L over R (&) 6:00
7&8&1 Turn ¼ L stepping back on R (7), turn ½ L stepping L fwd (&), turn ½ L stepping R back (8),
turn ½ L stepping L fwd (&), turn ½ L stepping R back sweeping L out to L side (1). 9:00

Non-turny option: step R to R side (7), cross L behind R (&), step R to R side (8), cross L over R (&), turn ¼ L stepping R back and sweep L out to L side (1)

[18 – 24] Behind side, cross rock, side L 1/8 L, walk R L, touch R, press slide, L full turn

2& Cross L behind R (2), step R to R side (&) 9:00
3 – 4& Cross rock L over R (3), recover back R (4), step L to L side turning body towards 7:30 (&)
7:30
5 – 6 Walk R fwd (5), walk L fwd (6) 7:30
7&8& Touch ball of R foot fwd (7), press down on R foot sliding L foot back (&), turn ½ L stepping L
fwd (8), turn ½ L stepping R back (&) 7:30

[25 – 32] Back L R, L coaster sweep 1/8 L, weave sweep, behind side, cross rock, side rock,

1& Run back on L (1), run back on R (&) 7:30
2&3 Step back on L (2), step R next to L (&), step L fwd turning 1/8 L and sweeping R fwd (3) 6:00
4&5 Cross R over L (4), step L to L side (&), cross R behind L sweeping L to L side (5) 6:00
6&7& Cross L behind R (6), step R to R side (&), cross rock L over R (7), recover back on R (&)
6:00
8& Rock L to L side (8), recover onto R (&) 6:00

[33 – 40] L back rock, ¼ R, ¼ R sway X 3, ¼ L hitch, run curvy ¼ L turn, fwd together, back RL

1 – 2& Rock back on L opening up in body to L diagonal (1), recover onto R (2), turn ¼ R stepping L
back (&) 9:00
3 – 4& Turn ¼ R stepping R to R side swaying body R (3), sway body L (4), prep body R (&) 12:00

- 5 – 6& Turn $\frac{1}{4}$ L onto L foot hitching R knee (5), turn $\frac{1}{8}$ L stepping R fwd (6), turn $\frac{1}{8}$ L stepping L fwd (&) 6:00
- 7& Step R fwd (7), step L next to R (&) 6:00
- 8& Run back on R (8), run back on L (&) 6:00

Start again

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