

Live On Love Or...

拍數: 60 牆數: 4 級數: Improver / Intermediate
編舞者: Pierre-Jean CHEYNEL (FR) - October 2018
音樂: Lifted - Dallas Smith



Sequence : 60 - 52 - TAG - 44 - 52 - 32 - 56 (modified)

Intro : Begin on the word : "CLOUD" (the song begins immediately by "In a Cloud of Dust...")

[1 – 8] SIDE ROCK, TRIPLE CROSS, ¼ R, ¼ R, TRIPLE CROSS,

1 - 4 RF to R (1), Recover on LF (2), Cross RF over LF (3), LF to L (&), Cross RF over LF (4),
5 - 8 ¼ R with LF Back (5), ¼ R with RF to R (6), Cross LF over RF (7), RF to R (&), Cross LF over RF (8),

[9 – 16] ROCKING CHAIR, STEP, ¼ L, TRIPLE FWD,

1 - 4 RF Fwd (1), Recover on LF (2), RF Back (3), Recover on LF (4),
5 - 8 RF Fwd (5), ¼ L (6), RF Fwd (7), LF beside RF (&), RF Fwd (8),

[17 – 24] STEP, ¼ R, TRIPLE CROSS, ¼ L, ¼ L, TRIPLE CROSS,

1 - 4 LF Fwd (1), ¼ R (2), Cross LF over RF (3), RF to R (&), Cross LF over RF (4),
5 - 8 ¼ L with RF Back (5), ¼ L with LF to L (6), Cross RF over LF (7), LF to L (&), Cross RF over LF (8),

[25 – 32] ROCKING CHAIR, STEP, ¼ R, TRIPLE FWD,

1 - 4 LF Fwd (1), Recover on RF (2), LF Back (3), Recover on RF (4),
5 - 8 LF Fwd (5), ¼ R (6), LF Fwd (7), RF beside LF (&), LF Fwd (8),

Restart here on the wall 5

[33 – 40] SIDE, SAILOR STEP, HOLD, ROCK BACK, STEP TURN,

1 - 4 RF to R (1), Cross LF behind RF (2), RF to R (&), LF to L (3), Hold (4),
5 - 8 RF Back (5), Recover on LF (6), RF Fwd (7), ½ L (8),

[41 – 48] SIDE, BEHIND SIDE CROSS, HOLD, STEP, ¼ L, STEP, ¼ L,

1 - 4 RF to R (1), Cross LF behind RF (2), RF to R (&), Cross LF over RF (3), Hold (4),
Restart here on the wall 3

5 - 8 RF Fwd (5), ¼ L (6), RF Fwd (7), ¼ L (8)

[49 – 56] ROCK FWD, BALL BACK, HOLD, ROCK BACK, STEP, STEP,

1 - 4 RF fwd (1), Recover on LF (2), RF beside LR (&), LF Back (3), Hold (4),

Tag + Restart on the wall 2

Restart here on the wall 4

5 - 8 RF Back (5), Recover on LF (6), RF Fwd (7), LF Fwd (8),

On the wall N ° 6, replace the account 8 «LF Fwd» by «¼ L» to finish at 12:00

[57 – 60] STOMP UP, KICK BALL CROSS, HOLD.

1 - 4 Stomp Up RF beside LF (1), Kick RF Fwd (2), RF beside LF (&), Cross LF over RF (3), Hold (4).

TAG

[1 – 8] ROCK BACK, TRIPLE FWD, STEP TURN, TRIPLE FWD,

1 - 4 RF Back (1), Recover on LF (2), RF Fwd (3), LF beside RF (&), RF Fwd (4),
5 - 8 LF Fwd (5), ½ R (6), LF Fwd (7), RF beside LF (&), LF Fwd (8),

[9 – 16] ROCK FWD, COASTER STEP, ROCK FWD, SAILOR ¼ L,

1 - 4 RF Fwd (1), Recover on LF (2), RF Back (3), LF beside RF (&), RF Fwd (4),
5 - 8 LF Fwd (5), Recover on RF (6), ¼ L with LF behind RF (7), RF to R (&), LF to L (8),

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