

Damn Good

拍數: 56 牆數: 4 級數: Beginner / Improver
編舞者: Cathy Snow (USA) - October 2018
音樂: Damn! (feat. Dave Mustaine) - Brett Kissel



INTRO: 32 counts

[1-8] RIGHT SUGAR FOOT, TRIPLE-STEP, WALK FORWARD, STEP

1-2 Point right toe to left instep, right heel to left instep
3&4 Triple-step in place right, left, right
5,6,7,8 Walk forward left, right, left, step right (weighted)

[9-16] LEFT SUGAR FOOT, TRIPLE-STEP, WALK BACK, STEP

1-2 Point left toe to right instep, left heel to right instep
3&4 Triple-step in place left, right, left
5,6,7,8 Walk back right, left, right, step left (weighted)

[17-24] DIAGONAL TRIPLE-STEPS

1&2 Point right toe diagonally to right, triple-step in place right, left, right
3&4 Point left toe diagonally to left, triple-step in place left, right, left
5&6 Point right toe diagonally to right, triple-step in place right, left, right
7&8 Point left toe diagonally to left, triple-step in place left, right, left

[25-32] VINE RIGHT, VINE LEFT

1-2 Step right to right side; step left behind right
3-4 Step right to right side, touch left next to right
5-6 Step left to left side, step right behind left
7-8 Step left to left side, touch right next to left

[33-40] DOUBLE RIGHT KICK BALL CHANGES; JAZZ BOX

1&2 Kick right forward; step on ball of right next to left raising left
3&4 Kick right forward; step on ball of right next to left raising left
5-6 Cross step right over left, step back on left
7-8 Step back on right; step left next to right

[41-48] DOUBLE RIGHT KICK BALL CHANGES; ¼ TURN JAZZ BOX

1&2 Kick right forward; step on ball of right next to left raising left
3&4 Kick right forward; step on ball of right next to left raising left
5-6 Cross right over left; step back on left
7-8 Turn ¼ right stepping right to right side, step left beside right

[49-56] DOUBLE HIP WALKS FORWARD RIGHT-LEFT-RIGHT-LEFT

1&2 Step right to right front diagonal & bump right hip. return to center & bump right again
3&4 Step left to left front diagonal & bump left hip, return to center & bump left again
5&6 Step right to right front diagonal & bump right hip. return to center & bump right again
7&8 Step left to left front diagonal & bump left hip, return to center & bump left again

Start again

TAG: 6:00 Wall (3rd rotation) dance first 16 counts, Then do (#49-56) Double Hip Walks Forward.
Restart dance

Contact: mrssno@email.com

