

DEVIL with the BLUE DRESS on...

COPPERKNOB
BY STEPHEN

拍數: 124 牆數: 4 級數: Phrased Beginner
編舞者: Val Saari (CAN) - October 2018
音樂: Devil With the Blue Dress On/Good Golly Miss Molly, (medley), Mitch Ryder & The Detroit Wheels



PHRASED SEQUENCE: ABABA C BDBDB AAA

PART A: 32 COUNTS

S:1 HEEL BOUNCES X 8 (RRRRRRRR)

1-8 With feet apart, Bounce on RF heel 8 times

S:2 HEEL BOUNCES X 8 (LLLLLLLL)

1-8 With feet apart, Bounce on LF heel 8 times

S:3 HEEL FANS (RRL)

HEEL FANS (RRL)

1-4 Fan heels, RR

5-8 Fan heels, LL

S:4 TRAVELLING SWIVELS RIGHT, LEFT (WITH HAND CLAP)

1-4 Swivel both heels to right, both toes to right, both heels to right, Clap hands

5-8 Swivel both heels to left, both toes to left, both heels to left, Clap hands

PART B: 48 COUNTS

S:1 HEEL/TOE FORWARD X 4

1-4 Step RF forward on heel, Step down on toes/ Step LF forward on heel, Step down on toes

5-8 Step RF forward on heel, Step down on toes/ Step LF forward on heel, Step down on toes

S:2 MODIFIED TOE STRUT V-STEP

1-4 Touch RF toe diagonally forward (1:00), Step heel down, Touch LF toe diagonally forward (11:00), Step heel down

5-8 Touch RF toe behind to centre, Step heel down, Touch LF toes beside R (weight on RF)

S:3 MAMBO RIGHT, MAMBO LEFT

1-4 RF Rock side right, LF recover, RF close together beside L & hold

5-8 LF Rock side left, RF recover, LF close together beside R & hold

S:4 STEP PIVOT 1/2 L, STEP PIVOT 1/4 L

1-2 Step RF forward, hold

3-4 Pivot 1/2 turn left, hold

5-6 Step RF forward, hold

7-8 Pivot 1/4 turn left, hold

S:5 STEP-TOUCH ROCKING CHAIR

1-2 Rock RF forward, Touch LF toes beside R

3-4 Step LF back, Touch RF toes beside L

5-6 Rock RF back, Touch LF toes beside R

7-8 Step LF forward, Touch RF toes beside L

S:6 RF ROCKING CHAIR X 2

1 -2 Rock RF forward, Recover Left

3-4 Rock RF back, Recover Left

5-6 Rock RF forward, Recover Left
7-8 Rock RF back, Recover Left

PART C: 24 Counts

S:1 HEEL BOUNCES X 8 (RRRRRRRR)

1-8 With feet apart, Bounce on RF heel 8 times

S:2 HEEL BOUNCES X 8 (LLLLLLLL)

1-8 With feet apart, Bounce on RF heel 8 times

S:3 HEEL FANS (RRL)

1-4 Fan heels, RR

5-8 Fan heels, LL

PART D: 20 Counts

S:1 HEEL SWITCHES X 4 (R,L,R,L)

1-2 Touch R Heel forward on floor, Step RF beside L

3-4 Touch L Heel forward on floor, Step LF beside R

5-6 Touch R Heel forward on floor, Step RF beside L

7-8 Touch L Heel forward on floor, Step LF beside R

S:2 VINE RIGHT, KICK, VINE LEFT, KICK

1-2 Step RF to right side, Step LF behind R

3-4 Step RF to right side, Kick LF forward

5-6 Step LF to left side, Step RF behind L

7-8 Step LF to left side, Kick RF forward

S:3 HIP BUMPS

1-4 Bump hips RR,LL

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