

Coconut

拍數: 64 牆數: 4 級數: Phrased Improver
編舞者: Bambang Satiyawan (INA) - October 2018
音樂: Coconut - Project Pop



Dance Section : A-B-B-A-B-A-B-B-B(16 COUNTS+&)-B-A-A-ENDING

Dance on Chorus/vocal (Coconut..)/after 32 counts,

SECTION A

A-I. KICK-KICK-JAZZBOX

1 – 2 Kick L cross over R, Step L to side
3 – 4 Kick R cross over L, Step R to side
5 – 6 Cross L over R, Step R back
7 – 8 Step L to side, Step R forward

A-II. KICK-KICK-ROCKING CHAIR

1 – 2 Kick L forward, Close L beside R
3 – 4 Kick R forward, Close R beside L
5 – 6 Rock L forward, Recover on R
7 – 8 Rock L back, Recover on R

A-III.KICK-KICK-JAZZBOX TURN

1 – 2 Kick L cross over R, Step L to side
3 – 4 Kick R cross over L, Step R to side
5 – 6 Cross L over R, Turn ¼ left Step R back
7 – 8 Step L to side, Step R forward

A-IV. KICK-KICK-ROCKING CHAIR

1 – 2 Kick L forward, Close L beside R
3 – 4 Kick R forward, Close R beside L
5 – 6 Rock L forward, Recover on R
7 – 8 Rock L back, Recover on R

SECTION B

B-I. WALK-LOCK SHUFFLE-PIVOT-CROSS SHUFFLE

1 – 2 – 3 Walk L-R-L
4 & 5 Step R forward, Lock L behind R, Step R forward
6 – 7 Step L forward, Turn ¼ right Step R in place
8 & 1 Cross L over R, Step R to side, Cross L over R

B-II. ROCK RECOVER-BEHIND-SIDE-CROSS-ROCK RECOVER-BEHIND-SIDE-FORWARD

2 – 3 Rock R to side, Recover on L
4 & 5 Cross R behind L, Step L to side, Cross R over L
6 – 7 Rock L to side, Recover on R
8 & 1 Cross L behind R, Step R to side, Step L forward

B-III.HEEL GRIND-COSTER STEP-HEEL GRIND-COASTER STEP

2 – 3 Touch R heel forward (toe inside), Grind heel (toe outside)
4 & 5 Step R back, Close L beside R, Step R forward
6 – 7 Touch L hell forward (toe inside), Grind heel (toe outside)
8 & 1 Step L back, Close R beside L, Step L forward

B-IV. ROCK RECOVER-CHASSE-CROSS MAMBO-CLOSE

- 2 – 3 Rock R forward, Recover on L
4 & 5 Turn ¼ right Step R to side, Close L beside R, Step R to side
6 & 7 Rock L cross over R, Recover on R, Step L to side
8 Close R beside L

ENDING

- 1 – 2 Step L forward, Lock R behind L and open your arms up side

Enjoy the dance ..

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