

Gift of a Friend

COPPER KNOB
STEPSHEETS

拍數: 72 牆數: 2 級數: Advanced
編舞者: Hiroko Carlsson (AUS) - October 2018
音樂: Gift of a Friend - Demi Lovato : (iTunes)



(24 count intro)

[S1] 1/8L Back-1/2R Fwd-Together, Fwd-1/2R-Together

1 2 3 Make a 1/8 turn left stepping back on L, Make a 1/2 turn right stepping forward on R, Step L together
4 5 6 Step R forward, Making a 1/2 turn right on ball of R, Step L together (10:30)

[S2] Back-1/2L Fwd-Together, Step-Pivot 1/8L

1 2 3 Step R back, Make a 1/2 turn left stepping forward on L, Step R together
4 5 6 Step L forward, Rock/step R to side, Make a 1/8 turn left recover weight on L (3:00)

[S3] Weave 1/4L with Sweep

1 2 3 Cross R over L, Step L to side, Step R behind L
4 5 6 Make a 1/4 turn left stepping forward on L, Sweeping R around L over 2 counts (12:00)

[S4] L Reverse Roll (turning right), Side-Drag-Together

1 2 3 Cross R over L, Make a 1/4 turn right stepping back on L, Make a 1/4 turn right stepping R to right side
4 5 6 Make a 1/2 turn right stepping L to left side, Drag R towards L, Step R together (12:00)

[S5] Waltz Fwd, Back-Point-Hold

1 2 3 Step L forward, Step R next to L, Step L in place
4 5 6 Step R back, Point L to side, Hold (12:00)

[S6] 1/4L Waltz, Run Back R-L-R

1 2 3 Step L forward, Make a 1/4 turn left stepping R next to L, Step L in place
4 5 6 Step R back, Step L back, Step R back (9:00)

[S7] 1/4L Side w/ Point, Hold, R Side Roll

1 2 3 Make a 1/4 turn left stepping L to side, Point R toe to right side
4 5 6 Make a 1/4 turn right stepping forward on R, Make a 1/2 turn right stepping back on L, Make a 1/4 turn right stepping R to side (6:00)

[S8] 1/8R Fwd-Slow Kick, Feathering 1 1/8 Turn Left(1/4L Behind, 3/8L Fwd, 1/2L Together)

1 2 3 Make a 1/8 turn right stepping forward on L, Kick R forward over 2 counts (7:30)
4 5 6 Make a 1/4 turn left stepping R behind L, Make a 3/8 turn left stepping forward on L, Make a 1/2 turn left stepping R close to L (6:00)

[S9] Fwd-Sweep, Fwd-Sweep

1 2 3 Step L forward, Sweeping R around for 2 counts
4 5 6 Step R forward, Sweeping L around for 2 counts (6:00)

[S10] Twinkle, Twinkle 1/2R

1 2 3 Cross L over R, Rock/step R to side, Recover weight on L
4 5 6 Cross R over L, Make a 1/4 turn right stepping back on L, Make a 1/4 turn right stepping R to side** (12:00)

[S11] Fwd-Sweep, Fwd-Slow

1 2 3 Step L forward, Sweeping R around for 2 counts

4 5 6 Step R forward, Sweeping L around for 2 counts (12:00)

[S12] Twinkle, 1/2R Waltz Back

1 2 3 Cross L over R, Rock/step R to side, Recover weight on L

4 5 6 Step R forward, Make a ½ turn right stepping L next to R, Step R in place (6:00)

TAG: 12 counts Tag: End of Wall 2 (12:00)

[S1] Back-1/2R Fwd-Together, Step-Slow Kick

1 2 3 Step L back, Make a ½ turn right stepping forward on R, Step L together

4 5 6 Step R forward, Kick L forward over 2 counts (6:00)

[S2] Back-1/2R Fwd-Together, Fwd, Fwd Rock

1 2 3 Step L back, Make a ½ turn right stepping forward on R, Step L together

4 5 6 Step R forward, Rock/step L forward, Recover weight on R (12:00)

Restart: On Wall 5 count 60 (12:00)**

Please feel free to contact me if you need any further information.(hirokoinedancing@gmail.com)
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