

Perfect & Blue

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 2 級數: Intermediate
編舞者: Ann-Kristin Sandberg (NOR) - October 2018
音樂: Hypnotised - Years & Years : (iTunes)



INTRO: 16 Count

Step-Rock recover-Back-Behind-Side-Cross recover-Side-Cross recover-1/4 turn L

1-2& Step R forw, Step L forw, Recover onto R
3-4& Step L backw & sweep R at the same time, Cross R behind L, Step L to L side
5-6& Cross R over L (facing L corner), Recover onto L, Step R to R side
7-8& Cross L over R (facing R corner), Recover onto R, ¼ turn L stepping L forw (F09)

Step-Pivot ½ turn R-Step-1/2 turn R-1/2 turn L-Rock recover-1/4 turn R-1/4 turn L-1/4 turn L-Touch

1-2& Step R forw, Step L forw, Pivot ½ turn R (F03)
3-4& Step L forw, ½ turn L stepping R backw, ½ turn L stepping L forw(F03)
5-6& Step R forw, Recover onto L, ¼ turn R stepping R to R side (F06)
7-8 ¼ turn L stepping L forw (F03), ¼ turn L(sweeping R out to R side touching R next to L (F12)

Basic steps-1/4 turn R-Cross-Basic steps-Cross-1/4 turn R-Rock recover

1-2& Step R to R side, Step L backw, Cross R over L (F12)
3-4& Step L to L side, ¼ turn R stepping R backw, Cross L over R (F03)
5-6& Step R to R side, Step L backw, Cross R over L
7-8& ¼ turn R stepping L backw, Step R backw, Recover onto L(F06)

Step with sweep-Step-Rock recover-1/2 turn L-Step-1/2 turn R-1/2 turn R-Pivot ½ turn R

1-2 Step R forw as you sweep L forw, Step L forw as you sweep R forw
3-4& Step R forw, Step L forw, Recover onto R
5-6& ½ turn L stepping L forw (F12), Step R forw, ½ turn R stepping L backw (F06)
7-8& ½ turn R stepping R forw, Step L forw, Pivot ½ turn R (F06)(weight on L)

RESTARTS:-

Wall 3 after 24 count Facing 06

Wall 4 after 16 count Facing 06

End of dance: Dance the first 16 count (wall 7) :on count 16 put your head & arms down ,bend R knee(F12)

ENJOY & HAPPY DANCING!

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