

Nobody To Blame

拍數: 32 牆數: 2 級數: Newcomer
編舞者: Karolina Ullénstäv (SWE) - October 2018
音樂: Nobody To Blame - Chris Stapleton : (Album: Traveller)



Tag after wall 4: 1& (RF step in place and lift it)

Tag after wall 3 and 7: 8 counts: Shuffle walk in a full circle left (same steps as in section 4)

Intro: 12 counts, BPM 83

Section 1: Heel forward, hook, heel forward, lift beside, side shuffle steps x 2 right and left

1& RF heel forward, RF hook cross over LF (facing 12.00)
2& RF heel forward, RF lift beside LF
3& RF step right, LF step beside RF
4 RF step right
5& LF heel forward, LF hook cross over RF
6& LF heel forward, LF lift beside RF
7& LF step left, RF step beside LF
8 LF step left

Section 2: Step forward, touch behind, step back in place, kick forward, 2 steps back with kicks, coaster step, scuff, shuffle steps forward ending with scuff

1& RF step forward, LF touch behind RF
2& LF step back in place, RF kick forward
3& RF step back, LF kick forward
4& LF step back, RF kick forward
5& RF step back, LF step beside RF
6& RF step forward, LF scuff beside RF
7& LF step forward, RF step beside LF
8& LF step forward, RF scuff beside LF

Section 3: Heels forward, steps beside and step turn 1/4 left x 2

1& RF heel forward, RF step beside LF
2& LF heel forward, LF step beside RF
3 RF step forward
4 RF turn ¼ left ending with weight on LF (facing 09.00)
5& RF heel forward, RF step beside LF
6& LF heel forward, LF step beside RF
7 RF step forward
8 RF turn ¼ left ending with weight on LF (facing 06.00)

Section 4: Shuffle walk in a full circle left

1 RF step forward turning 1/8 left
2 LF step forward turning 1/8 left
3 RF step forward turning 1/8 left
& LF step beside RF
4 RF step forward turning 1/8 left
5 LF step forward turning 1/8 left
6 RF step forward turning 1/8 left
7 LF step forward turning 1/8 left
& RF step beside LF
8 LF step forward turning 1/8 left (facing 06.00)

Have Fun and Enjoy the smooth country blues rhythm in the music!
