

# Mi MEDICINA de Amor XOX

**COPPER** KNOB  
BY STEPHEN

拍數: 32      牆數: 4      級數: Improver  
編舞者: Val Saari (CAN) - October 2018  
音樂: Mi Medicina - CNCO



## **SIDE TOE-STRUTS R, MAMBO RIGHT, SIDE TOE-STRUTS L, MAMBO LEFT**

1&2&      Touch RF toes to right side, Step RF heel down, Touch LF toes beside RF, Step LF heel down  
3&4      Rock RF to right side, Recover LF, Step RF beside left  
5&6&      Touch LF toes to left side, Step LF heel down, Touch RF toes beside LF, Step RF heel down  
7&8      Rock LF to left side, Recover RF, Step LF beside right

## **R TOE TOUCHES, CROSS-ROCK BACK, L TOE TOUCHES, CROSS-ROCK BACK**

1-2      Touch RF toes forward twice  
3&4      Cross-rock RF behind L, Recover LF, Step RF beside left  
5-6      Touch LF toes forward twice  
7&8      Cross-rock LF behind R, Recover RF, Step LF beside right

## **RAMBLES FORWARD X 2 (RL), RF ROCK FWD, LF RECOVER, RF MAMBO BACK PIVOT 1/4 R**

1-2      RF point to right side, RF step forward in front of L  
3-4      LF point to left side, LF step forward in front of R  
5-6      Rock RF forward, Recover LF  
7&8      Rock RF back pivot 1/4 R, Recover LF, Step RF beside L

## **RAMBLES FORWARD X 2 (LR), LF ROCK FWD, RF RECOVER, LF MAMBO BACK, FLICK R**

1-2      LF point to left side, LF step forward in front of R  
3-4      RF point to right side, RF step forward in front of L  
5-6      Rock LF Forward, Recover RF  
7&8&      Rock LF back, Recover RF, Step LF beside R, Flick R heel up

**REPEAT - No Tags, No Restarts**

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