

Gentle Man

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Caroline Cooper (UK) - October 2018
音樂: Drew Baldrige – Gentle Man - 3.20



Intro: 16 Counts

SECTION 1: CROSS ROCK, RECOVER, SIDE CROSS RECOVER, BACK LOCK STEP, ½, STEP ½ PIVOT

1 Cross R over L
2& Recover L, step R to R side
3-4 Rock L fwd, recover R (facing 1.30)
5&6 Step back L, lock R across L, step back L
7 ½ turn over R stepping fwd R
8& Step fwd L, pivot ½ turn R (1.30)

SECTION 2: STEP FWD, TRIPLE FULL, MAMBO ½, CROSS ROCK SIDE, CROSS ROCK

1 Step fwd L
2&3 Triple full turn over L shoulder RLR (still facing 1.30)
4&5 Rock fwd L, recover R, ½ turn L stepping fwd L (facing 7.30)
6&7 Cross rock R over L, recover turn 1/8th (straightening up 9.00) stepping R to R side
8& Cross rock L over R, recover R (prepare to turn ¼ L)

SECTION 3: ¼ TURN STEP FWD, SIDE ROCK, RECOVER, SCISSOR STEP, ¼, ½ ROCK &

1 ¼ turn L stepping L fwd
2&3 Rock R to R side, (rolling hips clockwise) recover closing R next to L
4&5 Step L to L side, close R next to L, cross L over R
6&7 ¼ turn L stepping back R, ½ turn L, stepping fwd L, step fwd R
8& Rock L fwd, recover R

SECTION 4: POINT SIDE, SAILOR STEP, SAILOR ½ TURN, ¼ TURN SCISSOR STEP, ¼ ½ TURN

1 Point L to L side
2&3 Sweep L behind R, step R to R side, step L to L side
4&5 ½ turn sweeping R behind L, step L to L side, step R to R side
6&7 ¼ turn R stepping L to L side, close R next to L, cross L over R
8& ¼ turn stepping back R, ½ turn stepping forward L

During this dance there are 2 restarts

*1st after 8 counts during section 1 on wall 3, on the last & count touch R next to L and restart (6)

**2nd after 4& counts during section 1 on wall 7, on the & count step L to L side to restart dance(9)

Thanks Emma Fox for music suggestion! x

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