

# Total Eclipse of the Heart

COPPER KNOB  
BY STEPHEN

拍數: 32      牆數: 4      級數: High Intermediate  
編舞者: Bonita Tam Wing Yee - October 2018  
音樂: Total Eclipse of the Heart (Glee Cast Version) (feat. Jonathan Groff) - Glee Cast



**Intro: 4 Counts (Right foot point forward, weight on Left)**

**S1: R, L, R (back), Side, R 1 and 3/8 turn, Left full turn, Back L, R, 3/4 Spiral, Cross side behind**  
1-2&3      Right Step back, Left back, Right, Left side. (Left facing 10:30 and Right . pointing 3:00)  
4&5      Step right, Turning 3/8 right. Left step back, 1/2 Right turn. Right 1/2 turn, step forward, raising left foot, pushing both hands forward.  
6&      Step on Left. Right step back.  
7      Sprial left 3/4 on left. Right sweeping right front.  
8&1      Cross, Left side, Right behind 6:00

**S2: Cross side cross, Hitch 1/2, Touch + side, Rock recover side**

2&3      Left cross, Right side, Left Lunge (Arms open wide with plams facing down)  
4      Right foot step beside left, knees bending down slightly (Arms bent forward, lifting a rock)  
5,6      Hitching right foot, turning 1/2 right. Right step. (Arms putting down the rock)  
&      Left foot touch close to right.  
7      Left step side. (Left arm stretching sideway and Right arm toward).  
8&1      Right Rock, Left recover, Right side. (Left arm stay in position, Right arm swinging with movement, ending upward) 12:00

**S3: Cross side, Spiral turn, Lunge 1/2 turn, Kick and shuffle**

2&3      (Still holding up Left arm, circling Right arm anti-clockwise) Left cross, Right side.  
4      Left step, facing 1/8 left. 10:30. Spiral full turn, weight on left.  
5      Right lunge forward with both arms stretched out.  
6      Left foot close to right while making 1/2 left turn. 4:30 knees bent when finishing turn. (Arms relaxed)  
7      Right foot kick both arms throwing rightward.  
8&1      Shuffle Right Left Right 4:30

**S4: Drag touch hitch side X2, Stomp, Sit, Sway X2**

2&      Left foot drag touch hitch turning 1/8 Left. Step side (Left arm circling clockwise in front) 3:00  
3,4      Right foot drag touch hitch side. (Right arm moving anti-clockwise)  
5      Left stomp. (Left arm stretching sideway)  
6&      Sit. Lean left. (still holding up left arm)  
7      Sway Right. (Both arms circling upwards in front in opposite direction)  
8      Sway Left. (Arms close up covering the heart, eyes looking down).

**Ending with weight on left. 3:00**

**Start again with right 3:00**

**Ending: Dance ends on Wall 6, starting at 3:00. It ends on S3 with modification after count 2,3.**

**S3:**

2,3      Left cross, Right side (facing 3:00)  
4      Left step, turning 1/4 left.  
5      Spiral full turn left 12:00  
6      Sway Right (both arms circling in front)  
7      Sway Left (arms covering the heart and eyes looking downwards)

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