

Blue Mountain (P)

COPPER KNOB
STEPPERS

拍數: 32 牆數: 0 級數: Beginner partner/circle
編舞者: Linda Sansoucy (CAN) - October 2018
音樂: Altitude Adjustment - Midland



Position: Side-By-Side facing LOD

Intro: 32

SIDE, BEHIND, TURN 1/4 LEFT, 1/2 TURN, TURN 1/4 LEFT, BEHIND, SIDE

1-2 Step left side, cross right behind

Release right hands and lift left hands

3 Turn 1/4 left and step left forward (ILOD)

4-5 Step right forward, turn 1/2 left (weight to left) (OLOD)

6 Turn 1/4 left and step right side

Resume Side-by-side position (LOD)

7-8 Cross left behind, step right side

STEP, LOCK, STEP, SCUFF (TWICE)

1-2 Step left forward, lock right behind

3-4 Step left forward, brush right forward

5-6 Step right forward, lock left behind

7-8 Step right forward, brush left forward

STEP FORWARD, SCUFF, STEP FORWARD, SCUFF, 1/2 TURN, STEP FORWARD, SCUFF

1-2 Step left forward, brush right forward

3-4 Step right forward, brush left forward

Do not let go of hands

5-6 Step left forward, turn 1/2 right (weight to right) (RLOD)

7-8 Step left forward, brush right forward

ROCKING CHAIR, 1/2 TURN, STEP FORWARD, SCUFF

1-2 Rock right forward, recover to left

3-4 Rock right back, recover to left

Do not let go of hands

5-6 Step right forward, turn 1/2 left (weight to left) (LOD)

7-8 Step right forward, brush left forward

REPEAT