

Rumba

拍數: 32 牆數: 0 級數: Beginner
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音樂: Rumba - Belle Perez



Tag before start wall 8 - for 4 counts

Right, left, shuffle right, left, right, shuffle ¼ left

1 rf right
2 lf left
3 rf right
& lf close rf
4 rf right
5 lf left
6 rf right
7 lf left
& rf close lf
8 ¼ turn left, lf forward

Cross over, back, shuffle right, cross over, back, shuffle left

1 rf cross forward lf
2 lf backwards
3 rf right
& lf close rf
4 rf right
5 lf cross forward rf
6 rf backwards
7 lf left
& rf close lf
8 lf left

Rock forward flick, lock step forward, step touch behind, shuffle ¼ turn right

1 rf forward
2 recover weight on lf, flick rf forward lf
3 rf forward
& lf lock behind rf
4 rf forward
5 lf step left
6 rf touch behind lf
7 rf right
& lf close rf
8 ¼ turn right, rf forward

Rock step, coaster step, forward, ¼ turn left, cross over, back

1 lf forward
2 recover weight rf
3 lf backwards
& rf close lf
4 lf forward
5 rf forward
6 ¼ turn left, weight on lf
7 rf cross forward lf

8 If backwards

Tag right, hold, left hold

1 rf right

2 hold

3 lf left

4 hold
