

Is it TRICK or TREAT?

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 2 級數: Absolute Beginner
編舞者: Val Saari (CAN) - October 2018
音樂: Trick Or Treat - The Robert Cray Band



FORWARD HIP STRUTS X 4 (R,L,R,L)

1-2 Touch RF toes forward, Drop heel (bump hips R,L,R)
3-4 Touch LF toes forward, Drop heel (bump hips L,R,L)
5-6 Touch RF toes forward, Drop heel (bump hips R,L,R)
7-8 Touch LF toes forward, Drop heel (bump hips L,R,L)

POINT OUT-IN-OUT-IN X 2 (R,L)

1-2 Point RF to R side, Touch RF beside L
3-4 Point RF to R side, Step RF beside L
5-6 Point LF to L side, Touch LF beside R
7-8 Point LF to L side, Step LF beside R

RF PIVOT 1/4 L X 2, OUT, OUT, IN, IN X 2 (R,L)

1-2 Step RF forward, Pivot 1/4 turn left
3-4 Step RF forward, Pivot 1/4 turn left
5-6 Step RF right, Step LF left
7-8. Step RF left, Step LF together

SIDE MAMBOS (CHA CHA CHA) X 2 (RL)

1-2 RF Rock side right, LF recover
3&4 Step RF beside Left, Step LF in place, Step RF in place (cha, cha, cha)
5-6 LF Rock side left, RF recover
7&8 Step LF beside Right, Step RF in place, Step LF in place (cha, cha, cha)

REPEAT - No Tags, No Restarts

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