

Sailor

拍數: 32 牆數: 4 級數: Beginner
編舞者: Audrey Turnbull (UK) - October 2018
音樂: Sailor - Petula Clark



RIGHT SAILOR STEP, LEFT SAILOR STEP, SHUFFLE FORWARD RIGHT, SHUFFLE FORWARD LEFT

- 1&2 Step right foot behind left, step left foot to left side, step right foot beside left foot
3&4 Step left foot behind right, step right foot to right side, step left foot beside right foot
5&6 Step forward of right foot, close left foot to right foot, step forward on right foot
7&8 Step forward on left foot, close right foot to left foot, step forward on left foot

PIVOT ¼ TURN LEFT X 2, WEAWE – CROSS, SIDE, BEHIND, SIDE

- 1-4 Step forward on right foot, pivot ¼ turn left transferring weight to left foot Step forward on right foot, pivot ¼ turn left transferring weight to left foot
5-8 Weawe – cross right foot over left foot, step left foot to left side, cross right foot behind left foot, step left foot to left side

CROSS ROCK, SIDE SHUFFLE RIGHT, WEAWE – CROSS, SIDE, BEHIND, SIDE

- 1-2 Cross right foot over left, step back on left foot
3&4 Step right foot to right side, close left foot to right foot, step right foot to right side
5-8 Weawe – cross left foot over right foot, step right foot to right side, cross left foot behind right foot, step right foot to right side

CROSS ROCK, SIDE SHUFFLE LEFT, JAZZ BOX ¼ TURN RIGHT

- 1-2 Cross left foot over right foot, step back on right foot
3&4 Step left foot to left side, close right foot to left foot, step left foot to left side
5-8 Cross right foot over left foot, step back on left foot, turn ¼ right stepping right foot to right side, step left foot beside right foot.

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