

Already Alright

COPPER KNOB
BY STEPHEN RICE

拍數: 32 牆數: 4 級數: Beginner
編舞者: James Rice & Jackie Rice - October 2018
音樂: Already Alright - Yolanda Adams



[1-8] ROCKING CHAIR, 1/2 TURN WITH ROCKING MOTION

1-4 Rock forward right, recover left, rock back right, recover left
5-8 1/8 turns left, Rocking onto Right, Rocking onto Left, Rocking onto Right, Rocking onto Left

[9-16] ROCKING CHAIR, 1/2 TURN WITH ROCKING MOTION

1-4 Rock forward right, recover left, rock back right, recover left
5-8 1/8 turns left, Rocking onto Right, Rocking onto Left, Rocking onto Right, Rocking onto Left

[17-24] CROSS ROCKS WITH TRIPLE STEPS IN PLACE

1-4 Rock Right across Left, recover Left, triple step in place (RLR)
5-8 Rock Left across Right, recover Right, triple step in place (LRL)

[25-32] BACK SLIDES, 2 1/8 TURNS LEFT

1-2 Step back at diagonal on Right, slide Left toward Right (with no weight on Left)
3-4 Step back at diagonal on Left, slide Right toward Left (with no weight on Right)
5-8 1/4 turn Left, while Rocking back and forth between Right, Left, Right, Left

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