Then Here Came Monday



拍數: 64 牆數: 4 級數: Easy Intermediate

編舞者: Leonard Hage (NL) - October 2018

音樂: Then Here Came Monday - Dwight Yoakam



Intro: 8 Counts (start on lyrics)

S1: SIDE, TOGETHER.	CHASSE.	. CROSS ROCK/RECOVER.	. SHUFFLE 1/4 TURN LEFT

1-2 Step R to right side, Step L beside R

3&4 Step R to right side, Close L to R, Step R to right side

5-6 Rock L over R, Recover back on R

7&8 Step L to left side, Step R together, Make 1/4 turn left step L forward (9.00)

S2: STEP, 1/2 PIVOT LEFT, FORWARD SHUFFLE, FULL TURN, FORWARD SHUFFLE

1-2 Step R forward, Pivot 1/2 turn left (3.00)

3&4 Shuffle forward R-L-R

5-6 Step L back making 1/2 turn right(9.00), Step R forward making 1/2 turn right (3.00)

7&8 Shuffle forward L-R-L

S3: SIDE ROCK/RECOVER, TOGETHER, SIDE ROCK/RECOVER, SYNC.JAZZBOX CROSS, SIDE

1-2& Rock R to right side, Recover on L, (&)Close R beside L

3-4 Rock L to left side, Recover on R5-6 Cross L over R, Step R back

&7-8 (&)Step L to left side, Cross R over L, Step L to left side

S4: BACK ROCK/RECOVER, KICK BALL STEP, FORWARD ROCK/RECOVER, SHUFFLE 1/2 TURN RIGHT

1-2 Rock back on R, Recover on L

3&4 Kick R forward, Step ball of R back in place, Step L forward

5-6 Rock forward on R, Recover on L

7&8 1/2 turn shuffle right stepping R-L-R (9.00)

S5: SIDE ROCK/RECOVER, CROSS SHUFFLE, SIDE ROCK/RECOVER, CROSS SHUFFLE

1-2 Rock L to left side, Recover on R

3&4 Cross L over R, Step R to right side, Cross L over R

5-6 Rock R to right side, Recover on L

7&8 Cross R over L, Step L to left side, Cross R over L

S6: FIGURE OF 8 LEFT

1-4 Step L to left side, Cross R behind L, Turn 1/4 left stepping L forward, Step R forward

5-8 Pivot 1/2 turn left(weight on L), Turn 1/4 left step R to right side, Cross L behind R, 1/4 turn

right step R forward (12.00)

S7: FORWARD ROCK/RECOVER, CHASSE 1/4 TURN LEFT, CROSS, SIDE, BEHIND SIDE CROSS

1-2 Rock forward on L, Recover on R

3&4 1/4 Turn left step L to left side, Step R together, Step L to left side (9.00)

5-6 Cross R over L, Step L to left side

7&8 Cross R behind L, Step L to left side, Cross R over L

S8: SIDE, TOUCH, KICK BAII CROSS x2, SIDE ROCK/RECOVER

1-2 Step L to left side, Touch R beside L

3&4 Kick R to right diagonal, Step R in place, Cross L over R
5&6 Kick R to right diagonal, Step R in place, Cross L over R

START AGAIN!!

ENDING: In last wall (wall 6) dance up to count 6 of section 2