

Get Tore Back

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數: Improver / Intermediate
編舞者: Pat Esper (USA) - October 2018
音樂: Tore Back - Moonshine Bandits : (Album: Gold Rush)



No Tags/Restarts

[1-8]: Walk, Walk, Walk, Kick, Step back, Step back, Coaster cross

- 1-2. Step forward on the Right foot. Step forward on the left foot.
- 3-4. Step forward on the Right foot. Kick the left foot forward (clap).
- 5-6. Step back on the left foot. Step back on the right foot.
- 7&8. Step back on the left foot, Step slightly back on the right foot, Step the left foot across the right.

[9-16]: Lindy right, Rock, Recover, Turn, Turn, Lindy left

- 1&2. Step the right foot to the side, Step the left foot next to the right, Step the right foot to the side.
- 3-4. Rock the left foot behind the right. Recover onto the right foot.
- 5-6. Step the left foot to the side and turning a half turn over the right shoulder, Step the right foot to the side and turn a half turn over the right shoulder. (Option: omit the turns... step the left to the side, step the right behind the left)
- 7&8. Step the left foot to the side, Step the right foot next to the left, Step the left foot to the side.

[17-24]: Rock, Recover, Turn, Turn, Triple step, Step, Half Turn

- 1-2. Rock the right foot behind the left. Recover onto the left foot.
- 3-4. Step the right foot to the side and turn a half turn over the left shoulder. Turn a quarter turn over the left shoulder and step forward on the left foot.
- 5&6. Step forward on the right foot, Step the left foot next to the right, Step forward on the right foot.
- 7-8. Step forward on the left foot. Turn a half turn to the right.

[25-32]: Step, Heel split, Coaster step, Step, Heel split, Step back, Step together

- 1&2. Step forward on the left foot, Turn both heels out, Bring both heels to center.
- 3&4. Step back on the left foot, Step the right foot next to the left, Step forward on the left foot.
- 5&6. Step forward on the right foot, Turn both heels out, Bring both heels to center.
- 7-8. Step back on the right foot. Step the left foot next to the right.

Start again

Contact: ptesper@gmail.com on Facebook The Redneck Revolution of Music and Dance