Thorns & Roses

拍數: 32

級數: Easy Intermediate

編舞者: Jef Camps (BEL) & Roy Verdonk (NL) - October 2018

音樂: Rosas o Espinas - Joey Montana

#32 count intro

S1: STEP FWD, MAMBO STEP, COASTER, CROSS ROCK/RECOVER, SIDE ROCK/RECOVER, SAILOR STEP

- 1 RF step forward
- 2&3 LF rock forward, recover on RF, LF step back
- 4& RF step back, LF close next to RF
- 5&6& RF rock across LF, recover on LF, RF rock side, recover on LF
- 7&8 RF cross behind LF, LF step side, RF step slightly forward into R-diagonal (facing 1:30)

S2: CROSS, SIDE, 1/8 TOUCH-BALL-CROSS, 1/2 VOLTA TURN, 1/8 SIDE ROCK/RECOVER, SYNCOPATED JAZZ BOX CROSS

- 1&2 LF cross over RF, RF step side, LF touch next to RF & face L-diagonal (facing 10:30)
- &3 LF step on ball next to RF, RF cross over LF (facing 10:30)
- 4&5 ¼ turn L & LF step forward, RF close next to LF, ¼ turn L & LF step forward (facing 4:30)
- 6& 1/8 turn L & RF rock side, recover on LF (facing 3:00)
- 7&8& RF cross over LF, LF step back, RF step side, LF cross over RF

*Restart point in wall 7

S3: SIDE, BEHIND, CROSS, SIDE, BEHIND, SIDE, 1/8 ROCK FWD/RECOVER, TOGETHER, STEP FWD/SWEEP, 1/8 CROSS, 1/8 BACK, TOGETHER

- 1-2& RF step side, LF cross behind RF, RF cross over LF
- 3-4& LF step side, RF cross behind LF, LF step side
- 5-6& 1/8 turn L & RF rock forward, recover on LF, RF close next to LF (facing 1:30)

Option: add a body roll on the R rock forward

- 7 LF step forward & sweep RF forward (facing 1:30)
- 8&1 1/8 turn R & RF cross over LF, 1/8 turn R & LF step back, RF close next to LF (facing 4:30)

S4: BACK, 1/8 SIDE, CROSS, SIDE ROCK/RECOVER, CROSS ROCK/RECOVER, ¼ STEP FWD, MAMBO STEP, TOUCH

- 2&3 LF step back, 1/8 turn R & RF step side, LF cross over RF (facing 6:00)
- 4& RF rock side, recover on LF
- 5&6 RF rock across LF, recover on LF, ¼ turn R & RF step forward (facing 9:00)
- 7&8& LF rock forward, recover on LF, LF step back, RF touch next to LF

Have fun!

Restart: in wall 7 after 16 counts, Restart facing 9:00. To make it easier to Restart replace count 8 into a step forward and not a cross.





牆數:4