

How Bout It

拍數: 28 牆數: 4 級數: Easy Intermediate
編舞者: Wayne Beazley (AUS) - October 2018
音樂: How Bout You Don't - The Lost Trailers : (iTunes)



[8&] Fwd L, Fwd R & L Tog, Side R, L Tog & R Tog, L back, R coaster ¼ R & Roll full turn L - stepping LRL
12& Step L fwd, step R fwd & step L tog
34& Step R to side, step L tog & step R tog (slightly back)
5 Step L back - dragging R back
6&7 (R coaster ¼ R) - Step R back & step L tog - turning ¼ R, step R slightly behind L (3 o'clock)
& ¼ L - step L fwd (12 o'clock)
8 Step R fwd turning ½ L
& ¼ L - step L to side (3 o'clock)

[8&] Rock across, recover & ¼ R, L fwd ¼ R, back samba, sweep back, L coaster, sweep fwd, R fwd & pivot ¾ L
12& Rock R across L, Recover & ## ¼ R - step R fwd (6 o'clock)
3 Step L fwd turning ¼ R (9 o'clock)
4&5 Step R behind L & rock L to side, step R back (back samba) - sweeping L foot back
6&7 L Coaster step - sweeping R fwd
8& Step R fwd & pivot ¾ L (12 o'clock)

[8&] Rock L, side shuffle R, ¼ L hook L, lock shuffle fwd, pivot ½ L, step R fwd, L fwd, R tog
1 Rock L to side
2&3 Step R to side & step L tog, step R to side turning ¼ L- hooking L across R (9 o'clock)
4&5 Step L fwd & lock R behind L, step L fwd
6&7 Step R fwd & pivot ½ L, step R fwd (3 o'clock)
8& Step L fwd & step R tog

[4&] Back L, lock R, back L, ½ R, L fwd, pivot ½ R, L fwd, step R fwd turning full turn L
1& Step L back & step R across L
2& Step L back & ½ R - step R fwd (9 o'clock)
3& Step L fwd & pivot ½ R (3 o'clock)
4& Step fwd L & fwd R turning full turn L (3 o'clock)

[28 &]

Restart occurs here on wall 5. Dance to count 10 then Step R to side on the & count then restart dance at 3 o'clock

(Note: To make it easier, instead of the full turn at the end of the dance, just replace it with "& Step R tog")

(Contact Email: fulltothebream@yahoo.com.au)
Last Update - 17th Oct. 2018