

Three

拍數: 72 牆數: 2 級數: Intermediate waltz
編舞者: Donna Pearce (AUS) & Bill Larson (AUS) - September 2018
音樂: Three - Lauren Alaina : (3:54)



Weight on Left, Start 12 counts (4 seconds) on vocal word Three

S1. Side Drag (2 counts), Behind Side Cross

1,2,3 Large step R to side (1) Drag L up to R for 2 counts (2,3)
4,5,6, Step L behind R (4), Step R to side (5), Cross/Step L over R (6)

S2. Recover Sweep (2 counts), Sailor Step

1,2,3 Recover weight back onto R sweeping L to side for two counts (1,2,3)
4,5,6 Step L behind R (4), Step R to side (5), Replace weight onto L (6)

S3. Cross Hold (2 counts), 1/4 R Turn, 1/4 R Turn Cross

1,2,3 Cross/Step R over L and pause for two counts (1,2,3)
4,5,6 turning 1/4 R Step back on L (4), turning 1/4 R Step R to side (5) Cross/Step L over R (6)
06:00

S4. 1/4 L Turn Sweep (2 counts), Behind Side Cross

1,2,3 turning 1/4 L Step back on R (1) Sweep L out to side for two counts (2,3) 03:00
4,5,6 Step L behind R (4), Step R to side (5), Cross/Step L over R (6)

S5. Side Drag (2 counts), Step Hinge 1/2 R Hitch

1,2,3 Large step R to side (1) Drag L up to R for 2 counts (2,3)
4,5,6 Step L to side (4) Hinge 1/2 turn R on L foot while hitching R (5,6) 09:00

S6. Side Rock Cross, Side Drag (2 counts)

1,2,3 Step R to side (1), Rock/Step L to side (2), Cross/Rock R over L (3)
4,5,6 Step L to side (4), Drag R up beside L for 2 counts (5,6)

S7. Completing a 1/4 turn R, Step R, Hold (2 counts), Step L, Hold (2 counts)

1,2,3 turning 1/8 turn R, Step forward on R (1), Hold for 2 counts (2,3) 10:30
4,5,6 turning 1/8 turn R Cross/Step L over R (4), Hold for 2 counts (5,6) 12:00

S8. 1/4 R Step forward R, Hold (2 counts) Step forward L, Turn 1/2 turn L (2 counts)

1,2,3 turning 1/4 turn R, Step forward on R (1), Hold for 2 counts (2,3) 03:00
4,5,6 Step forward on L (1), turn 1/2 turn L on ball of L foot for 2 counts as you hitch the R knee
(5,6) 09:00

S9. Forward Waltz Basic Turn R, Back Together Forward

1,2,3 Step forward on R (1), turning 1/8 turn R, Step L beside R (2), turning 1/4 turn R, Step back
on R (3) 01:30
4,5,6 Step back on L (4), Step R beside L (5), Step forward on L (6)

S10. Forward Waltz Basic Turn R, Back Together Forward

1,2,3 Step forward on R (1), turning 1/8 turn R, Step L beside R (2), turning 1/4 turn R, Step back
on R (3) 06:00
4,5,6 Step back on L (4), Step R beside L (5), Step forward on L (6)

S11. Forward Sweep (2 counts), Cross/Step Back Back

1,2,3 Step forward on R (1), Sweep L out to side and forward for 2 counts (2,3)
4,5,6 Cross/Step L over R (4), Step back on R (5), Step L beside R (6)

S12. Step Forward on R, Drag (2 counts), Full turn L

1,2,3 Step forward on R (1), drag L up to R for 2 counts (2,3)

4,5,6 Step forward on L (4), turning 1/2 turn L, Step back on R (5), turning 1/2 turn L, Step L forward (6) 06:00

(optional easy version for 4,5,6 – do a basic waltz forward, step L forward, step R next to L, step L forward)

Restart: On wall 2 (facing 6:00), dance sections 1-3 then ADD the following counts to restart dance (facing 12:00)

1,2,3 turning 1/4 L Step back on R (1) Sweep L out to side for two counts (2,3) 03:00

4,5,6 Step L behind R (4), turning 1/4 R Step R forward (5), Step L beside R (6) 12:00

Tag 1: After wall 3 add the following 12 counts then restart the dance (facing 6:00)

1,2,3 Rock/Step R to side (1), Hold for 2 counts (2,3)

4,5,6 Rock/Sway L to side (4), Hold for 2 counts (5,6)

1,2,3 Rock/Sway R to side (1), Hold for 2 counts (2,3)

4,5,6 Rock/Step L to side (4), Drag R up to L (5), Lift R off ground in preparation to start again (6)

Tag 1: After wall 6 add the following 6 counts then restart the dance (facing 12:00)

1,2,3 Rock/Sway R to side (1), Hold for 2 counts (2,3)

4,5,6 Rock/Step L to side (4), Drag R up to L (5), Lift R off ground in preparation to start again (6)

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