Yu Jhong Pai Huei



拍數: 64 編數: 4 級數: Phrased Improver

編舞者: Jennifer Jou (TW) - October 2018 音樂: Yu Jhong Pai Huei by Ye Ai Ling



Intro:16 counts

Sequence:Intro/A/A/Tag/A/A/B/A/A/Tag/A/A/B/A/A/Tag/Ending pose

Intro dance:24 counts

Sec i1:BACK,RECOVER,SIDE POINT,FORWARD,FORWARD,RECOVER,SIDE POINT,BACK

1 – 4 Rock RF back,recover on LF,point RF to R side,step RF fwd
 5 – 8 Rock LF fwd,recover on RF,point LF to L side,step LF behind RF

Sec i2:(SIDE POINT 2X,BEHIND,SIDE,CROSS) 2X

1 – 2 point RF to R side twice

3&4 Step RF behind LF, step LF to L side, cross RF over LF

5 – 6 Point LF to L side twice

7&8 Step LF behind RF, step RF to R side, cross LF over RF

Sec i3:ROCKING CHAIR, FORWARD, PIVOT 1/2 L, FORWARD, PIVOT 1/2 L

1 – 4 Rock RF fwd,recover on LF,rock RF back,recover on LF

5 – 8 Step RF fwd,pivot 1/2 L,step RF fwd,pivot 1/2 L

Part A:32 counts

Sec A1:R SIDE TOE STRUT, L CROSS TOE STRUT, ROCK, RECOVER, CROSS, HOLD

1 – 4 Step R toe to R side, drop R heel to floor, cross step L toe over R, drop L heel to floor

5 – 8 Rock RF to R side, recover on LF, Cross RF over LF, hold

Sec A2:L SIDE TOE STRUT,R CROSS TOE STRUT,ROCK,RECOVER,CROSS,HOLD

1 – 4 Step L toe to L side,drop L heel to floor,cross step R toe over L,drop R heel to floor

5 – 6 Rock LF to L side, recover on RF, Cross LF over RF, hold

Sec A3:CROSS,RECOVER,CHASSE R,CROSS,RECOVER,SIDE,BESIDE,1/4 L FORWARD

1 – 2 Cross RF over LF, recover on LF

3&4 Chasse to R side by RLR

5 – 6 Cross LF over RF, recover on RF

7&8 Step LF to L side, step RF together, 1/4 L step LF fwd

Sec A4:FORWARD, PIVOT 1/2 L, SHUFFLE FORWARD, ROCK, RECOVER, COASTER

1 – 2 Step RF forward, pivot 1/2 L

3&4 shuffle fwd by RLR

5 – 6 Rock LF fwd,recover on RF

7&8 Step LF back, step RF together, step LF fwd

Part B:32 counts

Sec B1:SIDE,CLOSE,SIDE,1/2 R TOUCH,SIDE,CLOSE,SIDE,TOUCH

1 – 4 Step RF to R side,step LF together,step RF to R side,1/2 R touch LF beside RF
 5 – 8 Step LF to L side,step RF beside LF,step LF to L side,touch RF beside LF

Sec B2: SIDE, CLOSE, SIDE, 1/2 R TOUCH, SIDE, CLOSE, SIDE, TOUCH

1 – 4 Step RF to R side, step LF together, step RF to R side, 1/2 R touch LF beside RF

5 – 8 Step LF to L side, step RF beside LF, step LF to L side, touch RF beside LF

Sec B3:SIDE,TOUCH,SIDE,TOUCH,HALF RUMBA BOX,HOLD

1 – 4 Step RF to R,touch LF beside RF,step LF to L,touch RF beside LF

5 – 8 Step RF to R, step LF together, step RF fwd, hold

Sec B4:SIDE,TOUCH,SIDE,TOUCH,HALF RUMBA BOX,HOLD

1 – 4 Step LF to L,touch RF beside LF,step RF to R,touch LF beside RF

5 – 8 Step LF to L, step RF together, step LF back, hold

Tag: 8 counts

1 - 2 Rock RF to R, recover on LF
3&4 Triple step in place RLR
5 - 6 Rock LF to L, recover on RF
7&8 Triple step in place LRL

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