

Break Your Heart

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 2 級數: Improver
編舞者: Grant Stanley (SCO) & Emily Drydale (UK) - October 2018
音樂: Break Your Heart (feat. Caitlyn Vanbeck) - BAMR



Music available from iTunes

Start when heavy beat kicks in - 17 Seconds

[1-8] SIDE, BACK ROCK, SIDE, BACK ROCK, SHUFFLE FORWARD, STEP ¼ CROSS

1,2& Step Right, Step back on Left, Recover I'm Right
3,4& Step Left, Step back on Right, Recover on Left
5&6 Step forward on Right, Step Left together, Step Right forward
7-8 Step forward on Left, Make ¼ Right, Cross Left over Right

[9-16] SHUFFLE ¼ TURN, MAMBO FORWARD, TRIPLE ¾ TURN, SHUFFLE FORWARD

1&2 Step Right to Right side, Step Left together, Step Right to Right side making ¼ turn right
3&4 Rock forward on Left, Recover on Right, Step Left Together
5&6 Make ¾ turn Right stepping Right Left Right
7&8 Step forward on Left, Step Right together, Step forward on Left

[17 – 24] RIGHT MAMBO, WALK BACK, COASTER STEP, POINT, POINT

1&2 Rock forward on Right, Recover on Left, Step Right Together
3-4 Walk back Left then Right
5&6 Step Back on Left, Step Right Together, Step Forward on Left
7&8 Point Right out to Right Side, Right Together and Point Left to Left Side

[25- 32] STEP ¼, SHUFFLE ½, COASTER STEP, KICK BALL CHANGE, SIDE, TOGETHER

1 Step Forward on Left making 1/4 Turn Left
2&3 Make 1/2 turn Left stepping Right Left Right
4&5 Step Back on Left, Step Right Together, Step Forward on Left
6&7 Kick Right forward, Rock ball of R back; Recover onto L
&8 Step Right to Right Side and Bring Left together

Start dance again

Happy Dancing :)
