

Redirect Attention

拍數: 32 牆數: 2 級數: Easy Intermediate
編舞者: Johanna Barnes (USA) - September 2018
音樂: Different Drum - Blanca



Details: 2 Re-starts, 4-Count Tag

(16 count Intro to start)

(Clock notation begins on your start wall as 12:00.

Each phrase will carry a new 12:00 start wall, ½ right of the previous phrase.)

[1~8]: R TOUCH-HOME-STEP, L TOUCH, L KICK-BALL-CROSS, SIDE, CROSS

1,2,3,4 R touch forward to right diagonal (1); R touch home next to L (2); R step forward to right diagonal (3); L touch next to R (4)

5&6,7,8 L kick to left diagonal (5); L step next to R (&); R step across L (6); L step to L side (7); R step across L (8)

Easy Option (for 1-4) *step-together-step-touch:

1,2,3,4 R step forward to right diagonal (1); L step next to R (2); R step forward to right diagonal (3); L touch next to R (4)

Advanced Option (for 1-4) *push/rock or *hip roll; see floor split 'March to the Beat' by same choreographer)

[9~16]: L-R SIDE TOUCHES, L HEEL TOUCH, R FWD STEP, L FWD ROCK-RECOVER, L COASTER-CROSS

1&2& L touch to left side (1); L step next to R (&); R touch to right side (2); R step next to L (&)

3&4 L touch heel forward (3); L step next to R (&); R step forward (4)

5,6 L rock forward (5); recover weight back onto R (6)

7&8 L step back (7); R step next to L (&); L step forward and slightly across R (8)

[17~24]: R-L SIDE TOUCH BEHIND (OR ROCK-RECOVER), ROCK- ¼ JAZZ BOX

1,2,3,4 R step to right side (1); L touch behind R (2); L step to left side (3); R touch behind L (4)

5,6,7,8 R rock step forward, rotating foot right (5); making ¼ turn right, recover weight back onto L [3:00] (6); R step to right side (7); L step forward (8)

Option (for 1-4) *rock-recover, in place of touch behind: R step to right side (1); L rock back (2); recover weight to R (&); L step to left side (3); R rock back (4); recover weight to L (&)

[&25~32]: R-L FWD HOP, HOLD/SALUTE, R HITCH, HEEL JACK &, R STEP ½ TURN L, R STEP ¼ TURN L

&1, 2 R slight hop forward (&); L step next to R (1); hold, and/or snap or salute* (2);

3&4& hitch R knee (3); slight step back onto R (&); present L heel forward (4); L step next to R (&)

5,6,7,8 R step forward (5); ½ turn left onto L (6); R step forward (7); ¼ turn left onto L

*Styling: R arm salute (standard military-style to 'hat brim')

RESTARTS: occur after 16 counts of phrase 2 (you are facing and will restart at the back wall), and phrase 6 (you are facing and will restart at the front wall). The lyrics begin with 'march.'

TAG: 4 COUNT TAG: occurs after the 11th phrase. You will just be ending this phrase on the back wall.

Quickly step R next to L (&); cross L over R (1) then unwind a ½ turn right, with the music, ending weight L [12:00] (3-4);

(BEGIN AGAIN, and most certainly DWYF!)

*My goal was to offer essentially a Novice level dance merged with an Easy-Intermediate level one to complement the Phrased High-Intermediate level dance 'March to the Beat' released at Eurodance (UK) June 2018. Happy dancing!

V2.0

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This step description is intended to be a guideline. Dance demos and visual references may be found on the DanceWhatYouFeel YouTube channel. <http://www.youtube.com/user/DanceWhatYouFeel>

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