

Makarena Tu

拍數: 96 牆數: 1 級數: Improver
編舞者: Jhon Batin (INA) - October 2018
音樂: Irkenc Hyka & Bes Kallaku - Makarena



Tag 16 count, No Restart

Seq: A Tag B C, A Tag B C, Tag B C

Part A: 32 counts

Sec A1: Step side L, Chasse R, Cross Rock Recover, Chasse L

1-2 Step R to Right side, Step L to R
3&4 Step R to Right side, Step L next to R, Step R to Right side
5-6 Step L cross over R, Recover on R
7&8 Step L to Left side, Step R next to L, Step L to Left side

Sec A2: Cross-Cross, Scissor step, Side Rock, Cross behind, ¼ Turn

1-2 Step R cross over L, Step L cross over R
3&4 Step R to Right side, Close L together, Step R cross over L
5-6 Step L to Left side, Recover on R
7&8 Step L cross behind R, Step R ¼ turn Right, Step L forward over R

Sec A3: Pivot ¼ Turn, Cross Suffle, Side cross, Bounce heels x2

1-2 Step R forward over L, Turn ¼ Left, Recover on R
3&4 Step R cross over L, Step L to side, Step R cross over L
5-6 Step L to side, Step R cross over L
7&8 Raise and lower both heels x2 slightly make a ½ Turn Left

Sec A4: Swift Cross, ¼ Turn Left x2

1-2-3&4 Step R forward, Step L swift cross over R, make ¼ Turn Left, Step R to Right side, Step L close beside R
5-6-7&8 Step R forward, Step L swift cross over R, make ¼ Turn Left, Step R to Right side, Step L close beside R

Tag: 16 counts

Sec T1: Stepping Forward with Shimmy, Out Out In In (x2)

1-2-3-4 Step R walks forward over L, Step L walks forward over R, Step R walks forward over L, Step L close beside R
5&6&7&8& Step R out to Right, Step L out to Left, Step R back in to Right, Step L back in to Left, Step R out to Right, Step L out to Left, Step R back in to Right, Step L back in to Left

Sec T2 : Stepping Back with Shimmy, Out Out In In (x2)

1-2-3-4 Step R walks back over L, Step L walks back over R, Step R walks back over L, Step L close beside R
5&6&7&8& Step R out to Right, Step L out to Left, Step R back in to Right, Step L back in to Left, Step R out to Right, Step L out to Left, Step R back in to Right, Step L back in to Left

Part B: 32 counts

Sec B1: Rumba Box Cha Cha

1-2-3&4 Step R to side, Close L together, Step R forward, (&) Cross L behind R, Step R forward
5-6-7&8 Step L to side, Close R together, Step L backward, (&) Cross R over L, Step L backward

Sec B2: Rock back recover, Step lock Step Forward, Ronde, ½ Turn Hitch, Coaster step

1-2 Step R backward recover on L

3&4 Step R forward, (&) Cross L behind R, Step R forward
5-6& Step L forward, Sweep R make ½ turn left, Hitching L and hand up
7&8 Step L backward, Step R backward close beside L, Step L forward

Sec B3: Rumba Box Cha Cha

1-2-3&4 Step R to side, Close L together, Step R forward, (&) Cross L behind R, Step R forward
5-6-7&8 Step L to side, Close R together, Step L backward, (&) Cross R over L, Step L backward

Sec B4: Rock back recover, Step lock step forward, Ronde, ½ Turn Hitch, Coaster step

1-2 Step R backward recover on L
3&4 Step R forward, (&) Cross L behind R, Step R forward
5-6& Step L forward, Sweep R make ½ turn left, Hitching L and hand up
7&8 Step L backward, Step R backward close beside L, Step L forward

Part C: 32 counts

Sec C1: Step R, Step L, Chasse R, Chasse L

1-2 Step R to Right side, Step L on L
3&4 Step R to Right side, Step L next to R, Step R to Right side
5-6 Step L on L, Step R on R
7&8 Step L to Left side, Step R next to L, Step L to Left side

Sec C2: Out Out Forward, Step Backward Hip roll, Pivot ½ Turn Left

1-2 Step R Out forward to Right side, L Out forward to Left side
3&4 Step R backward, Step L backward close beside R, Step R forward
5-6&7-8 Step L Forward, Hip roll, Step L backward beside R, Step R forward, make ½ Turn Left

Sec C3: Step R, Step L, Chasse R, Chasse L

1-2 Step R to Right side, Step L on L
3&4 Step R to Right side, Step L next to R, Step R to Right side
5-6 Step L on L, Step R on R
7&8 Step L to Left side, Step R next to L, Step L to Left side

Sec C4: Out Out Forward, Step Backward Hip roll, Pivot ½ Turn Left

1-2 Step R Out forward to Right side, L Out forward to Left side
3&4 Step R backward, Step L backward close beside R, Step R forward
5-6&7-8 Step L Forward, Hip roll, Step L backward beside R, Step R forward, make ½ Turn Left

Have Fun !!

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