Livin' Joy



拍數: 32

牆數:4 級數: Improver

編舞者: Dee Musk (UK), Shelly Guichard (UK) & Conor McVeigh (UK) - October 2018

音樂: Dreamer - Livin' Joy : (Album: Club Classics - Ministry of Sound.)

#48 Count Intro – Approx. 22 seconds - Track approx 3 mins 42 secs.

Track available from iTunes.co.uk.

Right Side, Behind, Side, Heel, &, Cross, Left Side, Behind, Side, Heel, &, Cross.

- 1,2 Step R to R side, cross step L behind R.
- &3&4 Step R to R side, touch L heel to L diagonal, step L beside R, cross R over L.
- 5,6 Step L to L side, cross step R behind L.
- &7&8 Step L to L side, touch R heel to R diagonal, step R beside L, cross L over R. (12 o'clock).

Side, Together, Heel Lift, ¼ Turn Left, Back, Together, Heel Lift, ¼ Turn Left.

- 1,2 Step R to R side, step L beside R.
- 3,4 Lift both heels, make ¼ turn L, keeping weight on L.
- 5,6 Step back on R, step L beside R.
- 7,8 Lift both heels, make ¼ turn L, keeping weight on L. (6 o'clock).

*Restart 2 - during wall 9 - begin again facing 6 o'clock wall.

Right Rocking Chair, Jazz Box ¼ Turn Right with Cross.

- 1-4 Rock forward on R, recover weight to L, rock back on R, recover weight to L.
- 5-8 Cross R over L, make ¼ turn R stepping back on L, step R to R side, cross L over R. (9 o'clock).

*Restart 1 – during wall 3 - begin again facing 3 o'clock wall.

Chasse Right, Back Rock, Chasse Left, Back Rock.

- 1&2 Step R to R side, close L beside R, step R to R side.
- 3,4 Cross rock L behind R, recover weight to R.
- 5&6 Step L to L side, close R beside L, step L to L side.
- 7,8 Cross rock R behind L, recover weight to L. (9 o'clock).

Restart 1 – During wall 3 - dance up to and including Section 3, begin again facing 3 o'clock.

Restart 2 – During wall 9 - dance up to and including Section 2, begin again facing 6 o'clock.

The dance finishes facing 12 o'clock Wall.

Enjoy