

Little Bit Nervous

COPPER KNOB
STEPPERS

拍數: 64 牆數: 2 級數:
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音樂: Nervous - Shawn Mendes



#8 Count Intro

Rock Forward, Ball Step 1/2 Turn, Triple Step, Step Look Back

1 2& Rock R forward (1), Recover L (2), Step R next to L (&)
3 4 Step L forward (3), Make 1/2 turn right ending with weight on R (4),
5&6 Step L forward (5), Step R next to L (&), Step L forward (6)
7 8 Step R forward (7), Look back over left shoulder weight to L (8)

Look Back To Front, Step 1/4 Turn Cross, Step, Behind Side Cross, Run Run Run 3/4 Turn

1 2& Look to front (1), Step L forward (2), Make 1/4 turn right weight to R (&)
3 4 Cross L over R (3), Step R to right side (4)
5&6 Step L behind R (5), Step R to right side (&), Cross L over R (6)
7&8& Make 1/4 turn right stepping R forward (7) Make 1/4 right stepping L next to R (&) Make 1/4
turn right stepping R forward (8) Step L next to R (&)

Rock Forward, Ball Step 1/4 Turn, Behind Side Cross, Step Out Out,

1 2& Rock R forward (1), Recover L (2) Step R next to L (&)
3 4 Step L forward (3), Turn 1/4 turn right weight to R
5&6 Step L behind R (5), Step R to right side (&), Cross L over R (6)
7 8 Step Out R (7), Step Out L (8)

Hip Roll, Hip Roll, Sailor Step, Sailor 1/2 Turn

1 2 Roll Hips to right (1), Weight to R (2)
3 4 Roll Hips to left (1), Weight to L (4)
5&6 Step R behind L (5), Step L to left side (&) Step R to right side (6)
7&8 Making 1/2 turn step L behind R (7) Step R to right side (&), Step L to left side (8)

Walk Walk, Kick Out Out, Roll Feet In, Kick Forward, Kick Back

1 2 Step R forward (1), Step L forward (2)
3&4 Kick R forward (3) Step R out (&) Step L out (4)
5&6 Roll toes in (5), Roll heels in (&), Roll Toes in weight to L (6)
7 8 Kick R forward (7), Kick R back (8)

Kick Forward, Hook 1/4 Turn, Step Lock Step Lock Step, Cross Rock 1/4 Turn, Cross Rock

1 2 Kick R forward (1), Hook R over L while making 1/4 turn right (2)
3&4& Step R forward (3), Lock L behind R (&) Step R forward (4) Lock L behind R (&)
5 6& Step R forward (5), Rock L over R (6) Making 1/4 turn left recover R (&)
7 8& Step L to left side (7) Cross rock R over L (8) Recover weight to L (&)

1/4 Turn Triple Step, Step 1/2 Turn, Triple Step, Heel Twist 1/2 Turn

1&2 Making 1/4 turn right step R forward (1), Step L to R (&) Step R forward (2)
3 4 Step L forward (3), Make 1/2 turn right weight to R (4)
5&6 Step L forward (5), Step R to L (&) Step L forward (6)
7&8 Step R forward (7) Twist L heel to R making 1/4 turn left (&) Twist R heel back making 1/4
turn left ending weight on R (8)

Body Roll Back, Body Roll Back, Coaster Step, Walk Walk

1 2 Step L back while doing a body roll down (1), Weight to L (2)

3 4 Step R back while doing a body roll down (3), Weight to R (4)
5&6 Step L back (5), Step R to L (&) Step L forward (6)
7 8 Step R forward (7) Step L forward (8)

BEGIN AGAIN

Restart on wall 3 dance to count 32 Instead of 1/2 sailor make 1/4 turn sailor to start dance again on back wall.
