

Healing Hands AB

COPPER KNOB
BY STEPHENETS

拍數: 32 牆數: 1 級數: Basic Beginner
編舞者: Annemaree Sleeth (AUS) - October 2018
音樂: Healing Hands - Conrad Sewell : (4:11)



Intro after second 'I know MMM' . watch my video - No Tags Or Restarts!!!

FOR THOSE WHO WANT TO ENJOY THE MUSIC BUT NOT HAVE COMPLEX STEPS

S 1: WALK 3 FORWARD, TOUCH, WALK 3 BACK, TOUCH FWD

1 - 4 Step Right Forward, Step Left Forward, Step Right Forward, Touch Left Forward
5 - 8 Step Left Back, Step Right Back, Step Left Back, Touch Right Back Left

S 2: VINE TOUCH, VINE TOUCH

1 - 4 Step Right Side Cross Left Behind Right , Step Right Side , Point/ Touch Left Beside Right
5 - 8 Step Left Side , Cross Right Behind Left Step Left Side, Point /Touch Right Beside Left

S 3: TOE , STRUTS FORWARD X 4 (These travel forward)

1 - 4 Touch Right Toe Forward, Drop Right Heel , Touch Left T Toe Forward, Drop Left Heel
5 - 8 Touch Right Toe Forward, Drop Right Heel , Touch Left T Toe Forward, Drop Left Heel

Styling Option : Moving Arms Side To Side feel free to add hip bumps as you go □

S 4: DIAGONAL BACK TOUCHES x X 4

1 - 4 Step Right Dia Back, Touch Left Beside Right, Step Left Dia Back, Touch Right Beside Left
5 - 8 Step Right Dia Back, Touch Left Beside Right, Step Left Dia Back, Touch Right Beside Left

Turn counts 7 - 8 to ¼ Left Step Left Side Touch Right Beside Left For 4 Wall Dance

Swing Arms on Toe Struts and Click Fingers or clap hands from side to side on back touches

At The End Hands In A V Shape In The Air “

Hands Up AND AROUND as you are Walking Forward On The Lyrics Got “HEALING HANDS”

This Dance Was Requested By Kath Lawson From The Sunshine Coast, So Her Ladies Can Join In Too
Email : Inlinedancing@gmail.com
