

Down To The Honkytonk II

拍數: 32 牆數: 4 級數: Improver
編舞者: Jan Blakely (USA) - August 2018
音樂: Down to the Honkytonk - Jake Owen



Intro: 16 counts - No Tags Or Restarts

OR "Lose It" by Kane Brown (92 bpm) Intro : 16 Counts—2 Restarts

R STEP fwd diag, right, L TOUCH, L STEP fwd diag left, R TOUCH, 3-count turning JAZZ BOX ¼ right, ½ wall PIVOT-CHASE

1-2 Step RIGHT fwd diagonally right – Touch LEFT toes beside right foot
3&4 Step LEFT fwd diagonally left – Touch RIGHT toes beside left foot
5&6 Step RIGHT across left foot – Step LEFT back – Step RIGHT ¼ wall right (3:00)
7&8 Step LEFT fwd – Pivot ½ wall right onto RIGHT – Step LEFT fwd (9:00)

***Restart here on wall #2 for "Lose It"**

R SAMBA, L SAMBA, R CROSS-L DOUBLE L HEEL left, L BEHIND-R SIDE right-L CROSS front

1&2 Cross RIGHT over left foot – Rock left onto LEFT foot– Step RIGHT in-place
3&4 Cross LEFT over right foot – Rock right onto RIGHT foot – Step LEFT in-place
5&6 Step RIGHT across left foot – Touch LEFT heel left TWICE
7&8 Step LEFT behind right foot – Step RIGHT to right – Step LEFT across right foot

**** Restart here on Wall #3 for "Lose It"**

R-L-R COASTER back, L MAMBO fwd making ½ wall turn left, TWO ¼ wall PADDLE TURNS left, R-L-R CROSS SHUFFLE

1&2 Step RIGHT back – Step LEFT beside right foot – Step RIGHT fwd
3&4 Rock LEFT fwd – Recover to RIGHT foot – Step LEFT ¼ wall left (3:00)
5&6& Step RIGHT fwd – Turn ¼ wall left onto LEFT foot – Step RIGHT fwd – Turn ¼ wall left onto LEFT foot (9:00)
7&8 Step RIGHT across left foot – Step LEFT beside right – Step RIGHT across left foot again

L left, R together, R-L-R HIPS moving fwd, R right, L together, L-R-L HIPS moving back & STEP on L

1-2 Step LEFT to left – Step RIGHT beside left foot
3&4 Swing hips RIGHT-LEFT-RIGHT while walking fwd with a cha-cha-cha rhythm
5-6 Step RIGHT to right – Step LEFT beside right foot
7&8& Swing hips LEFT-RIGHT-LEFT while walking fwd in a cha-cha-cha rhythm – Step LEFT beside right foot

RESTARTS (2) for "Lose It" only

*** After 8 counts on wall #2 restart and finish the dance**

**** After 16 counts on wall #3 restart and finish the dance**

My students in Bakersfield learned the dance to "Lose It" and then when Jake Owen came out with "DOWN TO THE HONKYTONK" we LOVED doing the dance to that music even more! Jan