

BOOGIE MAN, that's what I am

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Easy Beginner
編舞者: Val Saari (CAN) - September 2018
音樂: I'm Your Boogie Man - KC and the Sunshine Band



HEEL BOUNCES X 2 (R,L), HIP BUMPS RRL

1-2 Bounce on RF heel twice
3-4 Bounce on LF heel twice
5-6 Bumps Hips R, R
7-8 Bumps Hips L, L

CROSS MAMBOS CHA CHA CHA X 2 (RIGHT,LEFT 1/4 PIVOT L)

1-2 RF Cross over L, LF Recover weight
3&4 Recover RF, Step LF in place, Step RF in place
5-6 LF Cross over R, RF Recover weight
7&8 Step LF left, Step RF beside L, Step LF Forward 1/4 pivot L

SHUFFLE FORWARD X 2, STEP-PIVOT 1/4 LEFT TWICE

1&2 Shuffle forward RLR
3&4 Shuffle forward LRL
5-6 Step RF forward, Pivot 1/4 turn left (weight on left)
7-8 Step RF forward, Pivot 1/4 turn left (weight on left)

RF STOMP, KICK MAMBO BACK, LEFT SIDE MAMBO

1-2 Stomp RF down, kick RF forward
3&4 Rock RF back, Recover LF, Step RF beside left
5-6 LF Rock side left, RF recover
7-8 LF close together beside R & hold

REPEAT - No Tags, No Restarts

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