

On My Own

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Mike Stringer (UK) - October 2018
音樂: On My Own (Until Dawn Radio Edit) - Claire Richards



INTRO - 32 counts (Start on the vocals)

Sec 1: Side Rock, Cross Shuffle, Hinge ½ turn, Shuffle

1-2 Rock right out to right side, Recover onto left
3&4 Cross right over left, Step left to left side, Cross right over left (12:00)
5-6 Make ¼ over right stepping back on left, Make ¼ over right stepping right to side
7&8 Step left forward, Step right next to left, Step left forward (6:00)

Sec2: Forward Rock & ¼ Turn, Cross, Side, Sailor Step

1-2 Rock right forward, Recover onto Left
&3-4 Step Right in-place, Step Left Forward, Pivot ¼ Right (9:00)
5-6 Cross left over right, Step right to right side
7&8 Cross left behind right, Step right in-place, Step left in-place (9:00)

Sec3: Touch, Unwind, Forward Shuffle, Forward Rock, Triple Full Turn

1-2 Touch right behind, Unwind ½ over right (putting weight onto right)
3&4 Step left forward, Step right together, Step left forward (3:00)
5-6 Rock right forward, Recover weight onto left
7&8 Turn ½ over right stepping onto right, Turn ¼ over right stepping onto left, Turn ¼ Over right stepping onto right

(alternative...right coaster step)(3:00)

Sec4: Weave With A Point, Cross, ¼ Turn, Back, Point

1-2 Cross left over right, Step right to right side
3-4 Cross left behind right, Point right out to right side (3:00)
5-6 Cross right over left, Make ¼ turn stepping back on left
7-8 Step back on right, Point left out to left side (6:00)

(Restart 2:: See below for details)

Sec5: cross, touch, kick ball point x2.

1-2 Cross left over right, Point right to right side
3&4 Kick right forward, Step right in-place, Touch left to left side (6:00)
4-5 Cross left over right, Point right to right side
7&8 Kick right forward, Step right in-place, Touch left to left side (6:00)

Sec6: Forward Rock, ½ Shuffle Turn, Full Turn, Shuffle Forward

1-2 Left rock forward, Recover weight onto right
3&4 Turn ¼ over left, Step together right, Turn ¼ over left (12:00)
5-6 turn ½ over left stepping back on right, Turn ½ over left stepping forward on left
7&8 Step right forward, Step left together, Step right forward (12:00)

(Restart 1:: See below for details)

Sec7: Forward Rock & Jump Back, Back, Touch, ¼ Turn, Shuffle

1-2 Left rock forward, Recover onto right
&3-4 Jump slightly back (out, out) left, right, Step left back (12:00)
5-6 Touch right back, make ¼ turn over right (weight on right)
7&8 Step left forward, Step right next to left, Step left forward (3:00)

Sec8: Forward Rock & ¼ Turn, Cross,Side,Behind,Side,Cross

1-2 Rock right forward, Recover onto Left
&3-4 Step Right in-place, Step Left Forward, Pivot ¼ Right (6:00)
5-6 Cross left over right, Step right to right side
7&8 Cross left behind right, Step right to right side, Cross left over right (6:00)

Restarts::

Restart 1..... wall2... during sec6. Replace the Shuffle with two forward walks, right, left then restart the dance facing 6:00.

Restart 2....wall5 (music slows down, keep dancing through it),During sec4. Replace the left point out with a left stomp (putting weight On left) then restart the dance facing 12:00.

Ending: At the end of wall 6, change the behind side cross to a sailor half turn, and pose to finish facing the front.

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Last Update - 28th Oct. 2018
