

Like Moon And Sun

COPPER KNOB
STEPSHEETS

拍數: 48 牆數: 4 級數: Phrased Improver
編舞者: Penny Tan (MY) & EWS Winson (MY) - September 2018
音樂: Come luna e sole - Nadia Nadi



Intro: 16 counts in (approx. 12 sec)

Sequence: A, A, B, A, A, B, B, A, A, A, A (16)

Part A (32 counts)

#A1 (1-8) 1/8 (R) with R-L Forward Walk, R Forward Shuffle, L Mambo 1/2 (L), R Forward Shuffle

1-2 Weight on LF: Turn 1/8 R stepping RF forward (1), step LF forward (2) 1.30
3&4 Step RF forward (3), close LF beside RF (&), step RF forward (4) 1.30
5&6 Rock LF forward (5), recover weight on RF (&), turn 1/2 L stepping LF forward (6) 7.30
7&8 Step RF forward (7), close LF beside RF (&), step RF forward (8) - keeping weight on RF
7.30

#A2 (9-16) L Back & R Kick, 1/8 (L) with R Recover & L Flick, L Forward Shuffle, R Side Rock Cross, L Side Rock & Recover with 1/4 (R) , L Forward

1-2 Step LF back while kicking RF forward (1), step RF forward while turning 1/8 L flicking LF
back (2) 6.00
3&4 Step LF forward (3), close RF next to LF (&), step LF forward (4) 6.00
5&6 Rock RF to R side (5), recover weight on LF (&), cross RF over LF (6) 6.00
7&8 Rock LF to L side (7), recover weight on RF turning 1/4 R (&), step LF forward (8) 9.00

#A3 (17-24) R-L Cross Samba, R Forward Kick, R Back Kick with 1/2 (R), R Forward Shuffle

1&2 Cross RF over LF (1), rock LF to L side (&), recover weight on RF (2) 9.00
3&4 Cross LF over RF (3), rock RF to R side (&), recover weight on LF (4) 9.00
5-6 Kick RF forward (5), kick RF back while turning 1/2 R on ball of LF (6) 3.00
7&8 Step RF forward (7), close LF beside RF (&), step RF forward (8) 3.00

#A4 (25-32) L-R Cross Samba, L Volta 1/2 (L)

1&2 Cross LF over RF (1), rock RF to R side (&), recover weight on LF (2) 3.00
3&4 Cross RF over LF (3), rock LF to L side (&), recover weight on RF (4) 3.00
5&6& Turn 1/8 L stepping LF forward (5), lock RF behind LF (&), turn 1/8 L stepping LF forward (6),
lock RF behind LF (&) 12.00
7&8 Turn 1/8 L stepping LF forward (7), lock RF behind LF (&), turn 1/8 L stepping LF forward (8)
9.00

Part B (16 counts)

#B1 (1-8) R Syncopated Rocking Chair, R Side Mambo , L Syncopated Rocking Chair, L Side Mambo

1&2& Rock RF forward (1), recover weight on LF (&), rock RF back (2), recover weight on LF (&)
12.00
3&4 Rock RF to R side (3), recover weight on LF (&), close RF beside LF (4) 12.00
5&6& Rock LF forward (5), recover weight on RF (&), rock LF back (6), recover weight on RF (&)
12.00
7&8 Rock LF to L side (7), recover weight on RF (&), close LF beside RF (8) 12.00

#B2 (2-16) 1/4 (L) with R Side Chasse, 1/4 (L) with L Side Chasse, R Syncopated Rocking Chair, R Pivot 1/2 (L) & R Touch

1&2 Turn 1/4 L stepping RF to R side (1), close LF beside RF (&), step RF to R side (2) 9.00
3&4 Turn 1/4 L stepping LF to L side (3), close RF beside LF (&), step LF to L side (4) 6.00
5&6& Rock RF forward (5), recover weight on LF (&), rock RF back (6), recover weight on LF (&)
6.00

7&8

Step RF forward (7), turn 1/2 L over L shoulder (&), touch R toes beside LF (8) 12.00

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