

Luv Train

COPPER KNOB
STEPSHETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Val Saari (CAN) - September 2018
音樂: Love Train - The O'Jays



MODIFIED RUMBA BOX FWD, KICK RF, SHUFFLE BACK X 2 (RLR, LRL)

1-2 Step LF to left side, Step RF beside LF
3-4 Step LF forward, Kick RF forward
5&6 Shuffle back RLR
7&8 Shuffle back LRL

LINDY RIGHT, VINE LEFT TRIPLE STEP 1/4 PIVOT L

1&2 Shuffle right, RLR
3-4 Rock back on LF, Recover on RF
5-6 Step LF to left side, Step RF behind L
7&8 Step LF to left side 1/4 pivot left, Step RF beside L, Step LF together

SIDE KICK BALL CHANGE, HEEL STRUT X 2 (RL)

1&2 Kick right to right, step right next to left, step left in place
3-4 Heel strut forward (heel-toe)
5&6 Kick left to left, step left next to right, step right in place
7-8 Heel strut forward (heel-toe)

RF TOE-STRUT MODIFIED JAZZ BOX, RF MODIFIED MAMBO BACK

1-2 Cross RF over L, Touch RF toe - drop R heel
3-4 Step LF left on toes, LF heel down
5-6 Rock RF back, Recover LF
7-8 Step RF toes beside L, RF heel down

REPEAT - No Tags, No Restarts

Email: valeriesaari@icloud.com - Phone: 1-905-246-5027