

Moving

拍數: 32 牆數: 4
編舞者: Kaie Seger (EST) - August 2018
音樂: Moving - Macaco

級數: Absolute Beginner



STEP R SIDE, TOUCH TOGETHER, STEP L SIDE, TOUCH TOGETHER, STEP R SIDE, STEP TOGETHER, STEP R SIDE, TOUCH TOGETHER

- 1 RF Step right side
- 2 LF Touch next to RF
- 3 LF Step left side
- 4 RF Touch next to LF
- 5 RF Step right side
- 6 LF Step next to RF
- 7 RF Step right side
- 8 LF Touch next to RF

STEP L SIDE, TOUCH TOGETHER, STEP R SIDE, TOUCH TOGETHER, STEP L SIDE, STEP TOGETHER, STEP L SIDE, TOUCH TOGETHER

- 9 LF Step left side
- 10 RF Touch next to LF
- 11 RF Step right side
- 12 LF Touch next to RF
- 13 LF Step left side
- 14 RF Step next to LF
- 15 LF Step left side
- 16 RF Touch next to LF

R TOE-HEEL STRUT BACKWARD, L TOE-HEEL STRUT BACKWARD, R TOE-HEEL STRUT BACKWARD, L ROCK STEP BACK

- 17 RF Touch toe backward
- 18 RF Drop heel down (with weight)
- 19 LF Touch toe backward
- 20 LF Drop heel down (with weight)
- 21 RF Touch toe backward
- 22 RF Drop heel down (with weight)
- 23 LF Rock step back
- 24 RF Recover

L STEP FWD, HOLD, R STEP FWD, HOLD, TURN ¼ LEFT, RF TOUCH NEXT TO LF, RF TOUCH R SIDE, RF TOUCH NEXT TO LF

- 25 LF Step forward
- 26 LF Hold
- 27 RF Step forward
- 28 RF Hold
- 29 LF Turn ¼ left
- 30 RF Touch next to LF
- 31 RF Touch R side
- 32 RF Touch next to LF

ENJOY!

Contact: terekaie@gmail.com

