

AB-UpTown

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Absolute Beginner
編舞者: Agnethe Hansen (DK) - September 2018
音樂: Uptown Funk (feat. Bruno Mars) - Mark Ronson : (iTunes)



Intro: 32 counts

V-Step x 2 (out -out – in -in)

1 – 2 Step right foot forward to right side, Step left forward to left side
3 – 4 Step right foot back and step left foot beside right foot
5 – 6 Step right foot forward to right side, Step left forward to left side
7 – 8 Step right foot back and step left foot beside right foot

Vine to Right – Touch left – Hip Bump x 4

1 – 2 Step right foot to right side, cross left behind right foot
3 – 4 Step right foot to right side, touch left foot beside right foot
5 – 6 Step left foot slightly to left side for left hip bump and hip bump to right side
7 – 8 left hip bumps and right hip bump take weight on right foot.

Vine to left – Touch right – Hip Bump x 4

1 – 2 Step left foot to left side, cross right behind left foot
3 – 4 Step left foot to left side, touch right foot beside left foot
5 – 6 Step right foot to right side for right hip bump and hip bump to left side
7 – 8 right hip bump and left hip bump take weight on left foot.

Side Touch right – ¼ turn left -Touch – Walk a half circle

1 – 2 Step right foot to the right, touch left toe beside right
3 – 4 make a ¼ turn left stepping forward on left, touch right toe beside left
5 – 6 walk forward on right, make a ¼ left stepping forward on left
7 – 8 walk forward on right, make a ¼ left stepping forward on left

This dance is for Absolute Beginner.

Feel free to use your arms and hips to make it look good, my dancer loves it ☐