

You Got Healing Hands!

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BY STEPHEN PATERSON

拍數: 32 牆數: 4 級數: High Beginner
編舞者: Adrian Lefebour (AUS) & Stephen Paterson (AUS) - September 2018
音樂: Healing Hands - Conrad Sewell : (Album: Ghosts & Heartaches - single - iTunes - 4:11)



Start dance after 23 sec, just after lyrics "You're still here my love, mmmm"

No Tags or Restarts

[1-8] Side, Step/Slide Together, Shuffle Forward, Step/Slide Together, Shuffle Back

1 2 Step right out to side, slide/step left beside right
3 & 4 Step right forward, step left beside right (&), step right forward
5 6 Step left out to side, slide/step right beside left
7 & 8 Step left back, step right beside left (&), step left back (12.00)

[9-16] Rock Back, Recover, Shuffle Forward, Step Forward, Pivot Half, Shuffle Forward

1 2 Rock step right back, recover forward onto left in place
3 & 4 Step right forward, step left beside right (&), step right forward
5 6 Step left forward, pivot 1/2 right taking weight onto right in place
7 & 8 Step left forward, step right beside left (&), step left forward (6.00)

[17-24] Rock Forward, Recover, Coaster, Rock Forward, Recover, Coaster

1 2 Rock step right forward, recover back onto left in place
3 & 4 Step right back, step left beside right (&), step right forward
5 6 Rock step left forward, recover back onto right in place
7 & 8 Step left back, step right beside left (&), step left forward (6.00)

[25-32] Step Forward, Pivot Quarter, Cross Shuffle, Rock Step Side, Recover, Behind, Side, Cross

1 2 Step right forward, pivot 1/4 left taking weight onto left in place (3.00)
3 & 4 Step right across left, step left slightly out to left side (&), step right across left
5 6 Rock step left out to side, recover weight onto right in place
7 & 8 Step left behind right, step right out to side (&), step left across right (3.00)

ENDING: After your last wall, you will be facing the front, stomp right out to side, raising both arms up in a V shape.

This Dance is written as a split floor option for Maddison Glovers intermediate dance "Healing Hands"

This is an original dance sheet, feel free to copy without change for distribution

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