

Broken Chains

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Norman Gifford (USA) - September 2018
音樂: Chains Are Broken - The Devil Makes Three



(Step, step-lock-step, two swagger-steps forward , step-lock-step, rock forward)

1-2& Right step forward; left step forward; right lock behind left
3-5 Left step forward; right swagger-step forward; left swagger-step forward
6&7 Right step forward; left lock behind right; right step forward
8 Left rock forward

(Step back, back-lock-step, rock-step, scissor-step, reverse-turn ½ right)

1 Right step back
2&3 Left step back; right cross-lock back; left step back
4-5 Right rock back; left recover forward
6&7 Right step side; left step back; right crossover
8 Left step side in spin turn ½ right (6:00) ***

*** RESTART here on wall #5 (12:00) you will be facing 6:00

(Step side, cross-mambo, crossover, step side, cross-side-cross, side-rock)

1-2& Right step side; left cross-rock; right replace
3-5 Left step side; right crossover; left step side
6&7 Right crossover; left step side; right crossover
8 Left rock side

(Right replace, sailor-step turning ¼ left, sway, hold, step together, rocking chair, step-lock)

1-2& Right replace; left sweep behind turning ¼ left; right together (3:00)
3-5& Left step forward; right sway-step side; hold; left step together
6& Right rock forward; left replace
7& Right rock back; left replace
8& Right step forward; left lock behind right

(Serpientè pattern turning left)

1-2 Right step forward; left sweep across right (no weight)
3-4 Left crossover; right step back (turning 1/8 left) (1:30)
5-6 Left step back; right sweep behind (no weight)
7-8 Right behind; left step side (turning ¼ left) (10:30)

(Serpientè pattern turning left)

1-2 Right step forward; left sweep across right (no weight)
3-4 Left crossover; right step back (turning ¼ left) (7:30)
5-6 Left step back; right sweep behind (no weight)
7-8 Right behind; left step side (turning 1/8 left) (6:00)

(Step forward, step-lock-step, pivot turn ½ left, forward-lock-step, sway left)

1-2& Right step forward; left step forward; right lock behind left
3-5 Left step forward; right step forward; pivot turn ½ left (12:00)
6&7 Right step forward; left lock behind right; right step forward
8 Left sway side

(Sway right, scissor-step, pivot turn ½ left, rocking chair, step-lock)

1 Right sway side
2&3 Left step side; right step back; left crossover

4-5 Right step forward; pivot turn ½ left (6:00)
6& Right rock forward; left replace
7& Right rock back; left replace
8& Right step forward; left lock behind right

BEGIN AGAIN

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