

# Seven Lonely Days

**COPPER KNOB**  
STEPPERS

拍數: 32      牆數: 4      級數: Beginner  
編舞者: Yvonne Krause (USA) - September 2018  
音樂: Seven Lonely Days - Bouke



## [1-8] REVERSE WEAVE, PIVOT 1/4 LEFT

1-3      Cross right over left, step back on left, step back on right.  
4-6      Cross left over right, step back on right, step back on left.  
7-8      Step forward on right, pivot ¼ turn left. (9:00)

## [9-16] STEP POINT, STEP POINT, JAZZ BOX W/CROSS

1-4      Step forward right, point left to left side, step forward left, point right to right side.  
5-8      Cross right over left, step back on left, step right next to left, cross left over right. (9:00)

## [17-24] MONTEREY TURN

1-2      Touch right toe to right side as you turn ½ right on ball of left stepping down on right.  
3-4      Touch left toe to left side, step left next to right. (3:00)  
5-6      Touch right toe to right side as you turn ½ right on ball of left stepping down on right.  
7-8      Touch left toe to left side, step left next to right. (9:00)

## [25-32] ROCKING CHAIR, PIVOT ¼ LEFT, PIVOT ¼ LEFT

1-4      Rock forward on right, rock back on left, rock back on right, rock forward on left.  
5-8      Step forward on right, pivot ¼ left, step forward on right, pivot ¼ left. (3:00)

Contact: [ykrause@yahoo.com](mailto:ykrause@yahoo.com)

May You Always Dance Like No One Is Watching

---