

My Lucky Day Ez

COPPERKNOB
BY STEPHENETS

拍數: 32 牆數: 2 級數: Improver
編舞者: Antonella MAZZEO (FR) - September 2018
音樂: My Lucky Day - DoReDoS : (Eurovision 2018 - Moldova)



Section : 1 - STEP FWD TURN 1/2 TRIPLE FORWARD X2

1 2 RF Forward, turn 1/2 on L side
3 & 4 Triple step forwards (RLR)
5 6 LF Forward, turn 1/2 on R side
7 & 8 Triple step forwards (LRL)

Section : 2 - CROSS BEHIND SIDE CHASSE JAZZ BOX 1/4 TURN CROSS

1 2 Cross RF over LF, LF behind,
3 4 Triple Step RLR on R side,
5 6 Cross LF over RF, Step RF backwards, 1/4 turn on L side,
7 8 step LF on L side, cross RF over LF

Section : 3 - SIDE RECOVER BEHIND SIDE CROSS SIDE SWIVELS WITH 1/4 TURN

1 2 LF to the L side, recover on RF,
3 4 Step LF behind RF, RF side on R side, cross LF over RF
5 6 7 8 Swivel both heels to R, swivel both heels to L, swivel both heels to R while turning 1/4 L

Section 4: - CROSS ROCK RECOVER RIGHT MAMBO TWISTS DOWN AND UP

1 2 & Cross RF over LF, recover on LF, RF next LF
3 & 4 Rock LF forward, recover back onto RF, close LF next to RF (pushing hips back)
5 6 Step RF next to L as you lower down slightly, Step LF next to R as you lower down
7 8 Step RF next to L as you start to straighten back up, Step LF next to R as you stand upright

TAGS : Wall 2 - Wall 4 - Wall 7 :

ROCKING CHAIR

1 2 RF forwards recover on LF
3 4 RF backwards recover on LF
