

Salt and Pepper Shake

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數: Improver
編舞者: Carol Cotherman (USA) - September 2018
音樂: South Side - Thomas Rhett



Choreographed especially for my dancing friends at the Butler Two-Steppers' Salt and Pepper – Shake It Up, Kalyumet 2018!

#16 count intro from the main beat - NO TAGS – NO RESTARTS

Triple Forward, Side, Together, Kickball Step, Hip Bumps

1&2 Step right forward, step left beside right, step right forward
3-4 Step left to side with a slight dipping motion, step right beside left
5&6 Kick left forward, step left ball in place, step right slightly forward
7&8 Touch left ball forward bumping hips forward, bump back onto right, bump forward taking weight to left (body should be angled slightly to the right)

¼ Turn Triple Forward, Side Rock, Recover, Behind, Side, Cross, Hip Bumps

1&2 ¼ Turn right stepping right forward, step left beside right, step right forward
3-4 Rock left to side, recover to right
5&6 Step left behind right, step right to side, step left across right
7&8 Touch right ball to side bumping hips right, bump hips left, bump hips right taking weight to right (3:00)

Coaster Step, Step, 1/2 Turn, Triple 1/2 Turn, Coaster Step

1&2 Step left back, step right beside left, step left forward
3-4 Step right forward, 1/2 turn left taking weight to left
5&6 1/2 turn left stepping right, left, right and traveling slightly back
7&8 Step left back, step right beside left, step left forward

Walk, Walk, Heel Switches, Step, 1/2 Turn, Walk, Walk

1-2 Step right forward, step left forward
3&4& Touch right heel forward, step right in place, touch left heel forward, step left in place
5-6 Step right forward, 1/2 turn left taking weight to left
7-8 Step right forward, step left forward (9:00)

REPEAT and dance with attitude!