

R & B Cha

拍數: 32 牆數: 4 級數: Improver
編舞者: Jenifer Wolf (CAN) - September 2018
音樂: Someday - R&B Bombers : (Album: The R&B Bombers)



Intro: 16 counts Improver - NO TAGS OR RESTARTS - CCW

(A) CROSS ROCK, SIDE TRIPLE, CROSS ROCK, SIDE TRIPLE

1-2 Cross right foot in front of left foot, Step left foot in place
3&4 Step right foot to right side, Step left foot beside right foot, Step right foot to right side
5-6 Cross left foot in front of right foot, Step right foot in place
7&8 Step left foot to left side, Step right foot beside left foot, Step left foot to left side

(B) TWO STEPS FORWARD, TRIPLE FORWARD, STEP, TURN ½ R., TRIPLE

1-2 Step right foot forward, Step left foot forward
3&4 Step right foot forward, Step left foot beside right foot, Step right foot forward
5-6 Step left foot forward, Turn ½ right onto right foot
7&8 Step left foot forward, Step right foot beside left foot, Step left foot forward

(C) SIDE ROCK, WEAVE, SIDE ROCK, BACK ROCK

1-2 Step right foot to right side, Step left foot in place
3&4 Cross right foot behind left foot, Step left foot to left side, Cross right foot in front of left F.
5-6 Step left foot to left side, Step right foot in place
7-8 Step left foot behind right foot, Step right foot in place,

(D) STEP, BRUSH, TRIPLE TO SIDE, TURN ¼ RIGHT, STEP, SWAY, HOLD

1-2 Step left foot to left side, Brush right foot beside left foot
3&4 Step right foot to right side, Step left foot beside right foot, Turn ¼ right onto right foot
5-6 Sway left, Sway right
7-8 Sway left, Hold

End: Last 4 counts, facing 6:00 o'clock wall, Step left forward, Turn ½ right to face 12 o'clock wall

Begin again

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