

Mother N Law

拍數: 72 牆數: 2 級數: Intermediate
編舞者: Thomas Haynes (USA) - September 2018
音樂: Mother In Law - Ernie K-Doe



Slide right and left forward,jazzbox cross

1-2- Slide right forward and out,step down on right,hold
3-4- Slide left forward and out,step down on left, hold
5-6- Cross right over left, step back on left
7-8- Side step right to right,cross left over right.

Side steps moving right and left

1-2- Step to right on right,step left next to right
3-4- Step to right on right,touch left next to right
5-6- Step to left on left,step right next to left
7-8- Step to left on left,touch right next to left

Slide Right and left back, jazzbox cross

1-2- Slide right back and out, step down on right,hold
3-4- Slide left back and out, step down on left,hold
5-6- Cross right over left,step back on left
7-8- side step right to right,cross left over right

Side steps moving right and left ending with 1/4 turn left

1-2- Step right to right side,step left next to right
3-4- Step right to right side,touch left next to right
5-6- Step left to left side,step right next to left
7-8- Step left to left side turning 1/4 turn left,touch right next to left

Rock forward, shuffle back,rock back shuffle forward

1-2- Rock forward on right,recover left
3&4- Shuffle back RLR
5-6- Rock back on left,recover on right.
7&8- Shuffle forward LRL

Two 1/4 turn left turns,vine right

1-2- Touch right forward, pivot 1/4 turn left,step left in place
3-4- Touch right forward,pivot 1/4 turn left,step left in place
5-6- Step right on right,cross left behind
7-8- Step right on right,touch left next to right

Vine left,1/4 turn left, right scuff. step forward,hold,turn hold

1-2- Step left on left,cross right behind left
3-4- Step out on left turning 1/4 turn left, small scuff right forward
5-6- Step right forward,hold
7-8- turn 1/4 turn left,touch right next to left,hold

Hip bumps,slow right sailor step

1-2- Bump hips right twice
3-4- Bump hips left twice
5-6- Cross right behind left,rock left out to left side
7-8- Step right in place, cross left behind right

Slow right sailor step, 1/4 turn left

- 1-2- Rock right out to right side, step left in place
- 3-4- Cross right behind left, step out left turning 1/4 turn left
- 5&6- Triple in place RLR
- 7&8- Triple in place LRL.

Begin again.....

Restart on 3rd wall

right after the hips bumps do the last four counts of the dance which is the Triples in place.

Restart from the top.

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