

# Live It To The Limit

**COPPER KNOB**  
STEPSHEETS

拍數: 32      牆數: 1      級數: Easy Beginner  
編舞者: Angie Leyland (UK) - August 2018  
音樂: Live It to the Limit - Dave Sheriff : (Album: Tonight You Made A Memory For Me - iTunes)



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## Section 1: RIGHT HEEL HITCH, HEEL HITCH, STEP LOCK STEP

1&2&      R Heel Fwd Hitch Over L, R Heel Fwd Hitch Over L

3&4      R Step Fwd Lock L Step behind R, R foot Step Fwd

## LEFT HEEL HITCH, HEEL HITCH, STEP LOCK STEP

5&6&      L Heel Fwd Hitch Over R, L Heel Fwd Hitch Over R

7&8      L Step Fwd Lock R Step behind L, L foot Step Fwd

## Section 2: RIGHT STEP PIVOT, STEP PIVOT (Full Turn)

1,2      Step Forward R, Pivot ½ turn L

3,4      Step Forward R, Pivot ½ turn L

## STEP RIGHT BEHIND, RIGHT SAILOR STEP

5,6,7&8      Step R, L foot behind R, Right sailor (RLR)

## Section 3: STEP LEFT BEHIND, LEFT SAILOR STEP

1,2,3&4      Step L, R foot behind R, LEFT sailor (LRL)

## RIGHT SHUFFLE, LEFT SHUFFLE ( 45%Angled)

5&6,7&8      R Shuffle Fwd (RLR 45%), L Shuffle Fwd (LRL 45%)

## Section 4: RIGHT MAMBO, FORWARD LEFT MAMBO BACK

1&2,3&4      Step Fwd RL Step Back R, Step Bk LR Step Fwd L

## FORWARD HIP WIGGLES, FORWARD HIP WIGGLES

5&6,      Step Fwd R (Wiggle Hips RLR)

7&8      Step Fwd L (Wiggle Hips LRL)

**End of Dance - Smile & Have Fun**

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