

Valentine Train

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Absolute Beginner
編舞者: Roz Harris (UK) - September 2018
音樂: Valentine - Train : (Album: A Girl A Bottle A Boat.)



#32 Count Intro

SECTION 1: SIDE TOGETHER SIDE TOUCH RIGHT AND LEFT

- 1-2 Step right foot to right side, step left foot next to right
- 3-4 Step right foot to right side, touch left foot next to right and clap
- 5-6 Step left foot to left side, step right foot next to left
- 7-8 Step left foot to left side, touch right foot next to left and clap (12 o'clock)

SECTION 2: LOCK STEP FORWARD, ROCKING CHAIR

- 1-2 Step right foot forward, lock left foot behind right
- 3-4 Step right foot forward, brush left foot forward
- 5-6 Rock forward onto left foot, recover weight back onto right foot
- 7-8 Rock backwards onto left foot, recover weight forwards onto right foot (12 o'clock)

SECTION 3: ROCK ¼ RIGHT CROSS, VINE RIGHT

- 1-2 Rock forward onto left foot turning 1/8 r, recover on right foot turning a further 1/8 r
- 3-4 Cross left foot in front of right foot, hold
- 5-6 Step right foot to right side, step left foot behind right
- 7-8 Step right foot to right side, cross left foot over right (3 o'clock)

SECTION 4: RIGHT MAMBO, LEFT MAMBO

- 1-2 Rock right foot to right side, recover weight onto left foot
- 3-4 Step right foot next to left foot, hold
- 5-6 Rock left foot to left side, recover weight onto right foot
- 7-8 Step left foot next to right foot, hold (3 o'clock)

Start again and enjoy
