

Those Were the Nights

拍數: 48 牆數: 4 級數: Intermediate
編舞者: Ivonne Verhagen (NL), Kate Sala (UK), Daniel Trepát (NL), Rob Fowler (ES) & Giuseppe Scaccianoce (IT) - September 2018
音樂: Those Were the Nights - Hunter Brothers



Intro: 16 count on vocals.

Side Rock, Recover, Sailor Step, Behind, Side, Cross Shuffle.

1 2 Side rock on R out to right side. Recover on to L.
3 & 4 Cross step R behind L. Step L to left side. Step R to right side.
5 6 Cross step L behind R. Step R to right side.
7 & 8 Cross step L over R. Step R to right side. Cross step L over R.

Syncopated Side Rocks With 1/2 Turn Right, Cross, Side Rock & Cross, Step Left, Turn 1/2 Right.

1 2 & Side rock on R to right side. Recover on to L. Turn 1/2 right stepping R next to L.
3 4 Side rock on L out to left side. Recover on to R.
5 6 & Cross step L over R. Side rock on R out to right side. Recover on to L.
7 8 & Cross step R over L. Step L out to left side. Turn 1/2 right on L. 6:00 (Restart during wall 7)

Long Step Right, Drag Ball Cross, Turn 1/4 Left, Full Turn Left, Kick Ball Change.

1 2 Long step on R to right side. Drag L towards R. 12:00
& 3 4 Step down on ball of L. Cross step R over L. Turn 1/4 left stepping forward on L. 9:00
5 6 Turn 1/2 left stepping back on R. Turn 1/2 left stepping forward on L. 9:00
7 & 8 Kick R forward. Step down on ball of R. Step L in place. (Restart during wall 3)

3/4 Walk Around Turning Left On R, L, R, L, Cross Samba x 2.

1 - 4 Turn 3/4 left walking around on R, L R, L, finish facing front wall. 12:00
5 & 6 Cross step R over L. Step L forward to left diagonal. Step R in place.
7 & 8 Cross step L over R. Step R forward to right diagonal. Step L in place.

Forward Rock, Recover, Triple Turn 1 & 1/2 Right, Forward Rock, Recover, Step Back x 2.

1 2 Rock forward on R. Recover on to L.
3 & 4 Turn 1/2 right stepping forward on R. Turn 1/2 right stepping back on L. Turn 1/2 right stepping forward on R.
5 6 Rock forward on L. Recover on to R. 6:00
7 8 Step back on L popping R knee forward. Step back on R popping L knee forward.

Coaster Step, Turn 1/4 Left With Diagonal Kick & Back Touch, Full Turn Left With Step Ball x 4.

1 & 2 Step back on L. Step R next to L. Step forward on L.
3 & 4 Turn 1/4 left kicking R foot to right diagonal. Step down on R. Touch L behind R. 3:00
5 & Turn 1/4 left stepping down on L. Step ball of R behind L.
6 & Turn 1/4 left stepping down on L. Step ball of R behind L.
7 & Turn 1/4 left stepping down on L. Step ball of R behind L.
8 Turn 1/4 left stepping forward on L. Finish facing 3:00

Restarts:

*1st - Restart after count 24 during wall 3. Restart facing 3:00

**2nd - Restart after count 16 during wall 7, after the 1/2 turn right to face the front wall. Restart facing 12:00