

American Woman

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Marilyn Lowery - September 2018
音樂: American Woman - The Guess Who



Intro: 32 Counts (Start on Vocals)

S1: 2 TOE STRUTS FWD, RIGHT & LEFT MAMBO

1-2 Step R Toe Fwd , Drop Heel
3-4 Step L Toe Fwd, Drop Heel
5 & 6 Rock R to R Side, Recover weight on L, Step R next to L
7 & 8 Step/Rock L to L Side, Recover weight on R, Step L next to R

S2: 2 TOE STRUTS FWD, RIGHT & LEFT MAMBO

1-2 Step R Toe Fwd, Drop Heel
3-4 Step L Toe Fwd, Drop Heel
5 & 6 Rock R to R Side, Recover weight on L, Step R next to L
7 & 8 Rock L to L Side, Recover weight on R, Step L next to R

S3: VINE RIGHT, TRIPLE TO RIGHT, VINE LEFT, TURN 1/4 TRIPLE FWD

1-2 Step R to R Side, Step L Behind R
3 & 4 R-L-R to R Side
5-6 Step L to L Side, Step R Behind L
7 & 8 (7) L Foot Turn 1/4 L, (& 8) Step Fwd R-L

S4: 2 PIVOT TURNS 1/4 LEFT, HOP FWD, HIP BUMPS RIGHT & LEFT

1-2 Step R Fwd, Turn 1/4 L
3-4 Step R Fwd, Turn 1/4 L
& 5-6 (& 5) Hop Fwd R-L, (6) Hold
7-8 2 Hip Bumps R & L

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