

Everything & Stronger

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Easy Intermediate
編舞者: Carolyne SABATIER (FR) - September 2018
音樂: Zootopia- Try Everything / Stronger" by Shakira & Kelly Clarkson (Duet version)



Count In: Start on the word "....Tonight..."

[1-8] Walk R & L- Dorothy Step R & L- Cross Side Dig Heel

1 2 Step R forward (1), step L forward (2) 12.00
3 4& Step R diagonal forward (3), L behind R (4), small side step on R (&) 12.00
5 6& Step L diagonal forward (5), R behind L (6), small side step on L (&) 12.00
7&8 cross R over L (7), small side L step (&), Dig R heel forward (8) 12.00

[9-16] Ball Cross Side Dig Heel- Ball Cross Back- Triple Back- Coaster ¼ turn Right

&1&2 R next L (&), cross L over R (1), small side R step (&), Dig L heel forward (2) 12.00
&3 4 L next R (&), cross R over L (3), back L step (4), 12.00
5&6 R back step (5), L beside R (&), R back step (6) 12.00
7&8 Back L step (7), ¼ turn R step R side step (&), step L forward (8), 03.00

RESTART : Here after the 6th repetition (restart facing 09:00)

[17-24] Walk R & L- Pivot ½ turn Step Forward- Pivot ¼ turn Step Forward- Triple forward (or Full triple)

1 2 R step forward (1), L step forward (2) 03.00
3&4 R step forward (3), ½ turn L (&), step R forward (4), 09.00
5&6 L step forward (5), ¼ turn R (&), step L forward (6) 12.00
7&8 R step forward (7), L beside R (&), R step forward (8) 12.00

RESTART : Here after 11th repetition- change step (7&8), do (7 8) walk forward R & L (restart facing 06:00)

[25-32] Mambo ½ Turn- Kick Ball Point- Sailor ¼ turn L- Full Turn In Place

1&2 Rock L forward (1), recover weigh on R (&), ½ turn L step L forward (2) 06.00
3&4 Kick R forward (3), ball step on R (&), side L touch (4) 06.00
5&6 ¼ turn L cross L behind R (5), small side step on R (&), side L forward (6) 03.00
7 8 Step R forward with ¼ turn R (7), ¾ turn R step L next R (8) 03.00

HAVE A GOOD FUN.....ENJOY!!!!

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