

My Liza Jane

拍數: 64 牆數: 4 級數: Improver
編舞者: Margaret Murphy (AUS) - September 2018
音樂: Liza Jane - Vince Gill



Start: 32 count intro. (One Easy Restart), Wall 5, facing 12.00, dance to count 16. and restart.

S1: Right Lock, Left Lock

1 2 3 4 Step forward Right, lock Left behind Right, step Right forward, scuff Left.
5 6 7 8 Step forward Left, lock Right behind Left, step Left forward, touch Right beside Left.

S2: Back Touches x Four

1 2 3 4 Step back on Right, tap Left next to Right, step back on Left tap Right next to Left
5 6 7 8 Step back on Right, tap Left next to Right, step back on Left tap Right next to Left **

S3: Right Heel, front, side, step together, Left heel, Front, side , step together

1 2 3 4 Place Right heel forward, place right heel to Right side, step Right next to Left,
5 6 7 8 Place Left heel forward, place Left heel to Left, step Left beside Right

S4: Twist Heels, Toes, Heels, Hold, Right, Twist, Heels, Toes, Heels, Hold to Left

1 2 3 4 Twist Right Heels, Toes, Heels to the Right, Hold
5 6 7 8 Twist Left Heels, Toes, Heels, to the Left, Hold

S5: Grapevine Right, ½ turn Right, Hitch Left, Grapevine Left.

1 2 3 4 Step Right to Right, step Left behind Right, ½ turn Right on Right Hitch Left, (6.00)
5 6 7 8 Step Left to Left side, step Right behind Left, touch Right next to Left

S6: Grapevine Right, Grapevine Left.

1 2 3 4 Step Right to Right, step Left behind Right, step Right to Right, touch Left next to Right
5 6 7 8 Step Left to Left, step Right behind Left, step Left to Left, touch Right next to Left.

S7: Right Rocking Chair, Left Rocking Chair.

1 2 3 4 Rock/step Fwd onto Right, replace weight back onto Left, rock/step back onto Right, replace
weight onto Left
5 6 7 8 Repeat above 4 counts, Rocking Chair.

S8: Right Jazz Box, ¼ Turn Right Jazz Box

1 2 3 4 Cross step Right over Left, step back onto Left, step Right to side, step Left next to Right
5 6 7 8 Cross step Right over Left, stepping back ¼ Right, step Right to side, step Left together.
(9.00)

Enjoy.