

Use Ta Be My Girl

COPPER KNOB
BY STEPHEN

拍數: 64 牆數: 2 級數: Phrased Easy Intermediate
編舞者: Sofia (NL) - August 2018
音樂: Use Ta Be My Girl - The O'Jays : (CD: The Essential - iTunes)



Intro: 16 counts

Sequence : A – B [32 + R] – B – B [32 +R] – B – B – A – A – B – B

Part A : 16 counts

A 1: SHUFFLE FORWARD DIAGONALLY RIGHT, TOUCH, SHUFFLE FORWARD DIAGONALLY LEFT, TOUCH

1 – 4 Shuffle forward on R-diagonal stepping Right, Left, Right, Touch left Toe beside Right

5 – 8 Shuffle forward on L-diagonal stepping Left, Right, Left, Touch right Toe beside Left

A 2: CROSS, STEP BACK, BACK ROCK, STEP SIDE, CROSS, STEP BACK, BACK ROCK, STEP SIDE

1 – 2 Cross Right over Left, Step back Left,

3&4 Rock back Right, Recover onto Left, step Right to right side

5 - 6 Cross Left over Right, Step back Right

7 & 8 Rock back Left, Recover onto Right, Step Left to left side

Part B : 48 counts

B 1: 1/4 TURN LEFT, TOUCH TOE BESIDE RIGHT, TOUCH TOE DIAGONALLY LEFT, TOUCH TOE BESIDE RIGHT, TOUCH TOE DIAGONALLY LEFT, STEP L SIDE, TOUCH TOE BESIDE LEFT, TOUCH TOE DIAGONALLY RIGHT, TOUCH TOE BESIDE LEFT, TOUCH TOE DIAGONALLY RIGHT

1 – 2 Make a 1/4 turn left step Right to right side, Point left Toe beside Right

3&4 Point left Toe on L-diagonal, Point left Toe beside Right, Point left Toe on L-diagonal

5 – 6 Step Left to left side, Point right Toe beside Left 7&8 Point right Toe on R-diagonal, Point right Toe beside Left, Point right Toe on R-diagonal

B 2: BEHIND – SIDE – CROSS, SIDE ROCK, SAILOR CROSS 1/2 TURN LEFT, SIDE ROCK

1&2 Cross Right behind Left, Step Left to left side, Cross Right over Left

3 – 4 Rock Left to left side, Recover onto Right

5&6 Make a 1/2 turn left cross Left behind Right, Step Right next to Left, Cross Left over Right

7 – 8 Rock Right to right side, Recover on to Left

B 3: STEP RIGHT TOGETHER, SIDE ROCK, CROSS ROCK, STEP L SIDE, CROSS BEHIND, STEP L SIDE, CROSS SHUFFLE

& Step Right next to Left

1 – 2 Rock Left to left side, Recover onto Right

3&4 Cross rock Left behind Right, Recover onto Right, Step Left to left side

5 – 6 Cross Right behind Left, Step Left to left side

7&8 Cross Right over Left, Step Left to left side, Cross Right over Left

B 4: SIDE ROCK, SAILOR 1/4 TURN LEFT, CROSS, STEP BACK, BACK ROCK

1 – 2 Rock Left to left side, Recover onto Right

3&4 Make a 1/4 turn left cross Left behind Right, Step Right to right side, Step Left to left side

5 – 8 Cross Right over Left, Step back Left, Rock back Right, Recover on to Left

From here Restart

B 5: STEP TOGETHER, ROCK FORWARD, SHUFFLE 1/2 TURN LEFT, STEP FORWARD x 2, KICK BALL POINT

& Step Right next to Left

1 – 2 Rock forward on Left, Recover onto Right

3&4 Shuffle 1/2 turn left stepping Left, Right, Left
5 – 6 Step forward Right, Step forward Left
7&8 Kick Right forward, Step on ball of Right next to Left, Point left Toe to left side

B 6: CROSS, POINT, SAILOR 1/4 TURN RIGHT, CROSS, 3/4 TURN RIGHT, BACK ROCK

1 – 2 Cross Left over Right, Point right Toe to right side
3&4 Make a 1/4 turn right cross Right behind Left, Step Left to left side, Step Right to right side
5 – 6 Cross Left over Right, Left & Right unwind 3/4 turn right (weight ends on Left)
7 – 8 Rock back Right, Recover onto Left

**Restart in the first part B [12'clock] & the third part B [6'clock]
Dance the first 32 counts, then Restart dance from beginning**

**Ending: On the last wall dance up to count 40, then
Cross Left over Right, Left & Right unwind 1/2 turn right [12'clock]**

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