

Hit Me With Your Best Shot

COPPER KNOB
BY STEPHENETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Conrad Farnham (USA) - September 2018
音樂: Hit Me With Your Best Shot - Pat Benatar



WALK FORWARD R, L, R, KICK FORWARD L, WALK BACK L, R, L, TOUCH R TOE TO BACK

1-4 Walk forward right, left, right, kick forward left
5-8 Walk back left, right, left, touch right toe to back right

JAZZ BOX, STEP R FORWARD, PIVOT ¼ TURN L, STOMP R, L

1-4 Cross right over left, step left back, step right back to right, step left together with right
5-8 Step right forward, pivot ¼ turn left shifting weight left, stomp right next to left, stomp left in place

GRAPEVINE R, GRAPEVINE L

1-4 Step right to right, step left behind right, step right to right, touch left next to right
5-8 Step left to left, step right behind left, step left to left, touch right next to left

OUT, OUT, IN, IN, OUT, OUT, TOE, HEEL

1-4 Step right forward out to right, step left forward out to left, step right back to center, step left back next to right
5-8 Step right forward out to right, step left forward out to left, bring right toe towards center, bring right heel to center, keeping weight on left to begin again

BEGIN AGAIN

NO TAGS, NO RESTARTS

Copperheadlinedancing@gmail.com
Copperheadlinedancing.com
